

President's Message

March 2025

Hi,



It is almost spring! I hope many of you have enjoyed the various Chinese festivals that **Weizhi Sun** and **Pong Yeung** have arranged for us. The dancing and singing have been wonderful. Thank you, **Weizhi Sun** and **Pong Yeung**, for bringing these talented people to Cape Cod Village.

We will be having our St. Patrick's Day potluck on March 15th. The Association will be providing the cornbeef. The party will be from 6 pm to 9 pm with a raffle. The sign up flyer is in the Whaler and will be in your tube.

We have started the membership drive and have had a tremendous turnout. This is an excellent way to continue to fund all our events at Cape Cod. The membership drive will be ongoing. If you have not received a membership form, please see a board member who will get one for you.

We are starting the process of updating the directory. A form to update your information will be placed in your tube for completion. Please return it to the Association box so that we can work on the 2025 directory. Thank you for your help with this endeavor.

If you are in need of a cane, walker, or wheelchair, the Residents Association has them available for you to borrow. Please contact **Eric Hopp** at 1-408-593-4439. He will set you up with the equipment needed.

As mentioned in the February Whaler, we are looking for help for the 4th of July event. If you would like to assist with the Cookie Walk, please contact **Elizabeth Morrison** at 1-650-678-8069. If Horse Racing is more your style, then check with **Bruce Edmundson** at 1-408-307-6810. We can also use help with the BBQ and serving hamburgers and hot dogs. If interested, please let a board member know.

Peggy Wegner
pawegner12@gmail.com



The 2024 CCVRA Board Members

(L to R) Peggy Wegner, Kitty Etter, Bruce Edmundson, Bill Hines, Weizhi Sun, Elizabeth Morrison, Joe Madison & Eric Hopp.

The Cape Cod Whaler is published monthly by MHB Group
for and distributed solely to residents of Cape Cod Village.

Cape Cod Village Residents Association

January 28, 2025 Association Meeting Minutes



CALL TO ORDER: The meeting was called to order on January 28, 2025 at 7:01 pm. There were 12 residents in attendance.

FLAG SALUTE: was led by **Joe Madison**.

WELCOME NEW ATTENDEES: No new attendees.

APPROVAL OF MINUTES: A motion to approve the November 26, 2024 Association Meeting minutes was made by **Joe Madison** and seconded by **Bruce Edmundson**. Motion carried.

A motion to approve the December 17, 2024 Association Meeting minutes was made by **Elizabeth Morrison** and seconded by **Jo Asplund**. Motion carried.

REPORTS

TREASURER'S REPORT

As of January 1, 2025, beginning balance was: \$4,853.62.

Total Income was: \$284.94.

Total Expenses were: \$240.90.

Ending balance as of January 28, 2025: \$4897.66.

Comments and questions were invited from the floor. The report will be filed subject to audit.

MEMBERSHIP REPORT

As of January 28, 2025, we have 0 members and 0 households. Membership packets were passed out today. Please put your memberships in the Association box. Last year we had 112 members out of 77 households.

CIRCLE OF CARE

Jo Asplund gave us a report. Please see Whaler for further details.

TREASURE SEEKERS REPORT

We collected \$279.94 for the month of January. The next collection date will be February 2, 2025.

ANNOUNCEMENTS

Peggy Wegner stated the new Rules and Regulations are still being printed. She has not heard of a new date for the meeting.

OLD BUSINESS

► NO OLD BUSINESS

NEW BUSINESS

► BINGO LICENSE

We have our 2025 bingo license. The next bingo game will be February 19, 2025.

► RAFFLE PERMIT

Has been requested.

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Cape Cod Village Residents Association

January 28, 2025 Association Meeting Minutes

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► MEDICAL EQUIPMENT

If you would like to borrow any canes, walkers or wheelchairs we have, please contact **Eric Hopp**. He will get back to you with the equipment you requested.

► DIRECTORY

We will be doing a new Cape Cod Residents Directory. Paperwork will be passed out shortly on this.

► VA DONATION DRIVE

We can do this again in May.

EVENTS

As mentioned in the February President's message, the Board will be responsible for the Community Dinner and the Holiday Party. If you want the Cookie Walk and/or the Horse Races for July 4th, we need volunteers. If no volunteers, July 4th will be a BBQ and Bingo. We are still looking for ideas and support for other events.

► MONTHLY EVENTS

- **Exercise Class - Monday, Wednesday and Friday morning at 10:00 am to noon**
Sandy Bain and Jon Lichtenberg are the chairpersons.
- **Bible Study - Every 2nd and 4th Wednesdays from 1:30 to 2:30 pm in the craft room**
Mary Knoppe is the chairperson.
- **Chinese Calligraphy - Every 1st and 3rd Thursday from 2:00 to 4:00 pm in the craft room**
Weizhi Sun is the chairperson.

► DECEMBER EVENTS

- **New Year's Eve Party - December 31, 2024. From 5:30 to 9:00 pm**
We had 39 people sign up. **Bruce Edmundson** was able to get the CNN broadcast so that we watched the ball drop at midnight ET. We toasted with Martinelli's.

► JANUARY EVENTS

- **Holiday Undecorating Party - January 4, 2025. 10:00 am**
8 people helped with the undecorating of the main clubhouse and the library. **Joe Madison** and his friend **Doug** put all the boxes and trees back in the shed. The Eiffel Tower was taken by **Art Aguiniga**.
- **Movie Night - January 11, 2025.**
Chairpersons: Bruce Edmundson and Elizabeth Morrison. Door opened at 6:30 pm and the movie started at 7:00 pm. The movie was "*Cliffhanger: The Height of Adventure*". The donation box and suggestion boxes were out. 6 people attended the movie.
- **Chinese Spring Festival Show - January 26, 2025. From 2:00 to 4:00 pm**
Chairpersons: Weizhi Sun and Pong Yeung. Performance by *The Red Sorghum Art Troupe*. Everyone who attended enjoyed the performance.

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Cape Cod Village Residents Association

January 28, 2025 Association Meeting Minutes



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► FEBRUARY EVENTS

- **Movie Night - February 8, 2025. 6:30 pm**
Chairpersons: Bruce Edmundson and Elizabeth Morrison. Movie will be “*An Affair to Remember*” starring Deborah Kerr and Cary Grant. Donation and suggestion boxes will be out. Popcorn and drinks will be provided.
- **Chinese Lantern Festival - February 16, 2025. From 3:00 to 5:00 pm**
Chairperson: Weizhi Sun and Pong Yeung. Performance by *NorthEastern Art Troupe*. Doors open at 2:30 pm.
- **Bingo - February 19, 2025. From 7:00 to 9:00 pm**
Chairpersons: Peggy Wegner and Kitty Etter. The cost will be \$1.00 per card per game.

► MARCH EVENTS

- **Movie Night - March 8, 2025. 6:30 pm**
Chairpersons: Bruce Edmundson and Elizabeth Morrison. Movie to be determined. Donation and suggestion boxes will be out. Popcorn and drinks will be provided.
- **St. Patrick’s Potluck - March 15, 2025. From 6:00 to 9:00 pm**
Chairpersons: The Board. This will be a Potluck. CCVRA will provide the corned beef. Flyers will be out in March. There will be a raffle.

Comments, questions and additional items are invited from the floor.

Next Association meeting will be February 25, 2025 at 7:00 pm with doors opening at 6:45 pm.

There being no further business, a motion to adjourn was made by **Sandy Mendoza** and seconded by **Joe Madison**. Motion carried.

Meeting was adjourned at 7:34 pm.

Respectfully submitted,

Kitty Etter
Secretary

CCVRA Contact Information

Name	Function	Number	eMail
Peggy Wegner	President/Events	1 (650) 303-4072	pawegner@gmail.com
Bruce Edmundson	Treasurer / Flyers and Copying	1 (408) 307-6810	bruceedm@gmail.com
Jo Asplund	Circle of Care	1 (408) 205-1159	jvasplund@gmail.com
Vicky Lawson		1 (408) 230-2551	—
Kitty Etter	Whaler	1 (408) 744-0789	ketter63@yahoo.com
Daniel Schwartz	Treasure Seekers	1 (408) 962-0277	dms@danielsart.com
Elizabeth Morrison	Library	1 (650) 678-8069	elizabethmorrison123@gmail.com

Cape Cod Village Residents Association

Treasurer's Report - January 2025

01/01/2025 Balance Forward **\$ 4,853.62**

Income:

Treasure Seekers	\$	279.94
Event income		5.00

Total Income		284.94
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Expenses:

Kitchen expenses	(11.00)
Meet & Greet / Welcome	(9.79)
Office/copy/printing	(21.81)
Permits (Raffle)	(30.00)
Event expenses	(168.30)

Total Expenses		(240.90)
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Monthly Net Income (Expense)	\$	44.04
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01/31/25 Ending Balance	\$	4,897.66
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Event summary by item (this month)	Expense	Income	Net Income
10/26/24 Anniversary Party (late bill)	(122.72)	0.00	(122.72)
12/31/24 New Years Eve Party	(32.59)	0.00	(32.59)
01/11/25 Movie Night	(12.99)	5.00	(7.99)

Brandenburg, Staedler & Moore - Cape Cod Village, L.P. Brandenburg, Staedler & Moore and their respective partners, managers and employees, individually and collectively assume no responsibility for the content of this publication herein and shall be held harmless against any suit, demands or liability arising there from.

All activities arranged for members of Cape Cod Village Residents Association are for the convenience and pleasure of Association members and their guests who voluntarily desire to participate. CCVRA, its officers and members do not assume any responsibility for the well-being or safety of participants and their property in any manner pertaining to said activities. Members of the Association and their guests participate at their own risk and should not expect to hold Cape Cod Village Residents Association or any of its officers or members responsible in any way.



Come on out to the Clubhouse on

March 15, 2025

6:00 - 9:00 pm

For an evening of Irish Fun and Blarney!

Potluck Dinner

Corned Beef provided by CCVRA

Try your "Luck of the Irish" at our
Raffle Table:

Tickets: \$1.00 each or 7 for \$5.00

Chairpersons: CCVRA Board



Please fill out the coupon below and place it in the CCVRA box at the Clubhouse before
March 12, 2025:

Resident's Name(s): _____

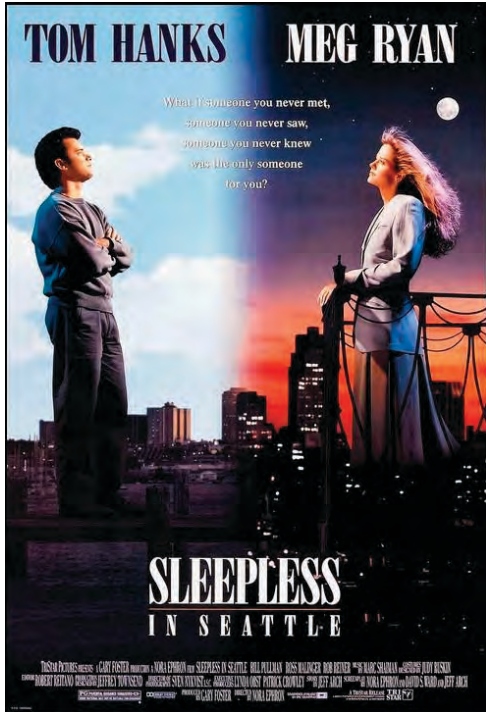
Guest(s): _____

Space # _____ #Persons _____

What are you bringing: _____

I'd like to help with: Set-up: _____ Decorating: _____ Clean-up: _____

SAVE THE DATES



Classic Movie Night At The Cape Cod Village Clubhouse

Sleepless In Seattle
Saturday, March 8, 2025

Doors Open 6:30 pm
Movie Starts at 7:00 pm

Popcorn and Soda/Water will be served
Cost: Donation Box to help offset costs
Bring your own comfy chair and enjoy the show!
For more information call Bruce at 408-307-6810

Tom Hanks and Meg Ryan star in this classic from 1993.

“What if someone you never met, someone you never saw, someone you never knew was the only someone for you?”

This movie was inspired by our February pick, *An Affair To Remember*, and was a major box-office hit.



Walking Exercise Class In the Cape Cod Village Clubhouse

Every Monday, Wednesday and
Friday at 10:00 am

Call: Sandy Bain or Jon Lichtenberg for
details: 408-685-2140



Cape Cod Bible Study

2nd Wednesday March 12, and
4th Wednesday March 26

1:30 pm to 2:30 pm

Book of Galatians

Everyone is welcome!!!!!!

Give us a try!!!!!!!!!! Questions?

Any questions contact

Mary Knoppe@ 408 541-1520

maryknoppe@sbcglobal.net.



Chinese Calligraphy



1st Thursday March 6, and
3rd Thursday March 20,
2:00 pm to 4:00 pm

At the Clubhouse in the craft room.

For more information contact

Weizhi Sun (408) 577-7165

March 2025

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
						1
2  Treasure Seekers 6:30 pm	3  Walking Exercise Class 10:00 am	4	5  Walking Exercise Class 10:00 am	6  Chinese Calligraphy 2:00 to 4:00 pm	7  Walking Exercise Class 10:00 am	8  Movie Night 6:30 pm
9 	10  Walking Exercise Class 10:00 am	11	12  Walking Exercise Class 10:00 am Bible Study 1:30 to 2:30 pm 	13	14  Walking Exercise Class 10:00 am	15  St. Patrick's Day Potluck 6:00 to 9 pm
16	17  Walking Exercise Class 10:00 am 	18 CCVRA Board Meeting 6:30 pm	19  Walking Exercise Class 10:00 am	20  Chinese Calligraphy 2:00 to 4:00 pm	21  Walking Exercise Class 10:00 am	22
23	24  Walking Exercise Class 10:00 am	25 CCVRA Meeting 7 pm	26  Walking Exercise Class 10:00 am Bible Study 1:30 to 2:30 pm 	27	28  Walking Exercise Class 10:00 am	29
30	31  Walking Exercise Class 10:00 am					

March 2	Treasure Seekers	6:30 pm to 7:00 pm
March 8	Movie Night	6:30 pm
March 15	St. Patrick's Day Potluck	6:00 pm to 9:00 pm
March 18	CCVRA Board Meeting	6:30 pm
March 25	CCVRA - General Meeting	7:00 pm



March Celebrations



Happy Birthday

5 Mario Ayala	21 Jimmy Asplund
12 Jacques Boeriu	22 Alexandre Birguer
12 Lai Phuong	25 Marilyn Conner
17 Kathy Love	26 Jim Dullaghan
19 Jo Asplund	28 Sung Mi Kim
20 Winston Chan	30 Robert Swor
21 Alice Nelson	

Anniversary Congratulations

2 Sung Mi Kim & Yong Ho Kim	1985
19 Raul & Patricia Carpio	2000
21 Robert & Adrienne Swor	1981

March Directory Updates

Priscilla Mattson	Spc 53	Pages 3 and 16	Moved
Please update your directory and take a moment to make sure your entries are correct. If not, please submit changes on the CAPE COD VILLAGE INFORMATION FORM printed in this Whaler and deposit in the CCVRA mailbox in the clubhouse.			

CAPE COD VILLAGE RESIDENTS ASSOCIATION INFORMATION FORM

Please **PRINT** all information

Date: _____ Space # _____

Name 1: First _____ Last _____

Phone (only 1 per person) _____ Birthday: (mm/dd) _____

Email _____

Name 2: First _____ Last _____

Phone (only 1 per person) _____ Birthday: (mm/dd) _____

Email _____

Anniversary: (mm/dd/yyyy) _____

Please fill out this form and place it in the CCVRA mailbox in the clubhouse.
******* Updates and additions will ONLY be accepted on this form. *******
**** This information will be published in the Whaler, and used to update the CCVRA Phone Directory, (unless requested otherwise). ****

***** For Official Use Only *****

Date Received _____ Date Entered: _____ By _____

Code: Anniv Birthday Delete Email Moved New Phone Spelling

*Judy Mayes' brother passed away in January.
Sending deepest condolences to Judy and family from
CCVRA, friends and neighbors.*

*Dave Johnsen has had an ongoing medical issue,
but is now at home recovering nicely under good care
of Joan.*

*Robert Valdez is in the hospital for a medical issue.
Let's keep Robert in our prayers and thoughts for a
speedy recovery.*

Art Aguiniga is recovering from open heart surgery.

*Get well wishes to those who have been under the cold
weather with flu. Take good care. Get well soon.*

A reminder from Co Chair Jo Asplund and Vicky Lawson to all residents.

*Please contact either of us to report any information about a friend or neighbor
who may need get well wishes or condolences.*

*Please collect pertinent information concerning the individuals for correct spelling
of their name and correct space number.*

Questions directed to co chairs will be answered as quickly as possible.

Help us bring a small amount of comfort to those involved.

Thank you so much!

Jo Asplund 408 205-1159

Vicky Lawson 408-230-2551

Healthy regards to all residents from Cape Cod Residents Association

^{free} MEDICAL EQUIPMENT AVAILABLE

MELP, Medical Equipment Loan Program, is a volunteer powered, nonprofit organization that receives donated durable medical equipment from the community. After repairing and cleaning, MELP loans out the equipment at no cost to anyone who needs it.

Free donated medical equipment includes:

Wheelchairs, transport chairs, rollators, walkers, knee scooters, shower chairs and benches, toilet frames, bed rails, crutches and canes. We also have first-aid, medical and personal care supplies.



Distribution Hours:
Saturdays, 9:30 to 11:30am

Donation Intake Hours:
Wednesdays, 2:00 to 4:00pm

1063 E San Carlos Ave
San Carlos, CA 94070

(650) 590-9112

info@freemedequip.org

To donate, volunteer, and for more details about our program, see our website:
FreeMedEquip.org



We serve San Mateo County and beyond, and are primarily funded by individual donations, endowments and foundation grants. Monetary and equipment donations help us continue providing services to those in need.

Founded by the Belmont Redwood Shores Rotary Club,
the San Carlos Rotary Club and the Villages of San Mateo County.
MELP/AbleCloset is a 501(c)3 non-profit; EIN 27-1212734



The Recipe Box

Carrot Ginger Soup

Costco Connection - February 2025

Instructions

Add the olive oil to a large saucepan or pot over medium heat. Once it's heated, add the onions and cook until tender, stirring occasionally, around 5 minutes. Add the carrots and ginger. Stir to coat and cook for another 5 to 7 minutes. Add the garlic and cook, stirring, for 1 minute.

Pour in the broth and bring it to a boil. Then reduce the heat to a simmer and cook for 20 to 30 minutes, or until the carrots are tender. Remove the pan from heat and stir in the vinegar. Then allow the soup to cool slightly.

Purée the soup in a blender, working in batches if necessary. Blend on low speed for a few seconds, then slowly increase speed to create a creamy soup. To serve, pour the soup into bowls and garnish with desired toppings. Makes 4 servings.

Ingredients

- 1 Tbsp olive oil
- 1 cup onions, chopped
- 3 cups carrots, chopped
- 2 Tbsp fresh ginger, peeled and sliced,
or 1 tsp ground ginger
- 3 garlic cloves, chopped
- 4 cups vegetable broth
- 1 Tbsp apple cider vinegar
- Cashew cream or sour cream, for
topping
- Pumpkin seeds, hemp seeds or fresh
chopped parsley, for topping



Recipe courtesy of Marly McMillen - comMarlyMcMillen.com (namelymarly.com)

March 2025
Tasman from Lawrence to Reemwood 1 lane

While working on the Tasman Bicycle project we discovered that the city plans to put bicycle lanes on Lawrence Expressway as well as adding a bicycle lane on Tasman east of Lawrence.

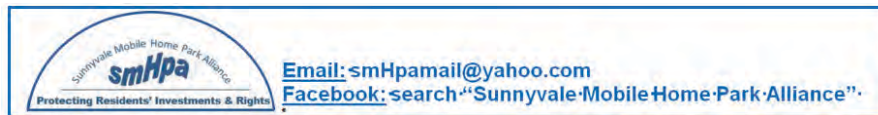
What does that mean. It means they will take one lane away on Tasman to make a bicycle lane.

Attention Adobe Residents
Do you want one lane on Tasman to get in and out of your park?
If the answer is NO

Email: council @ Sunnyvale.ca.gov
Tell them:

“I do not want to be held captive and not be able to get out of my mobile home park because of a bike lane to nowhere.”

For more details on the Tasman Bicycle Project contact smhpamail@yahoo.com
If there is enough interest we will set up a Zoom Meeting for Adobe Residents



CCVRA Available Medical Equipment

We have the following medical equipment available to the residents of Cape Cod Village, free of charge. We ask that you care for the equipment and return it to us in good condition once it is no longer needed. Anyone wishing to borrow any of the equipment may do so by calling Eric Hopp at 408-593-4439.



We currently have 3 wheelchairs and 1 transport wheelchair.

We have 1 IV Hanger.



We have 1 cane with feet and 3 that are simple walking canes.



We have 3 walkers with no seat and 1 with the built in seat.



You can find these and other event photos on the CCVRA Website
<https://www.danielsart.com/CCVRA/Welcome.html>

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Chinese Calligraphy



1st Thursday March 6, and
3rd Thursday March 20,
2:00 pm to 4:00 pm
At the Clubhouse in the craft room.
For more information contact
Weizhi Sun (408) 577-7165



Weizhi

欢迎



Pong

你好



Anne



Weizhi & Anne



Valentina



Valentina

中国书法

Bumper Stickers We'd Like to See

Everyone has a photographic memory. Some don't have film.

I feel like I'm diagonally parked in a parallel universe.

Honk if you love peace and quiet.

It is hard to understand how a cemetery raised its burial cost and blamed it on the cost of living.

A day without sunshine is like, well, night.

Change is inevitable, except from a vending machine.

The 50-50-90 Rule:

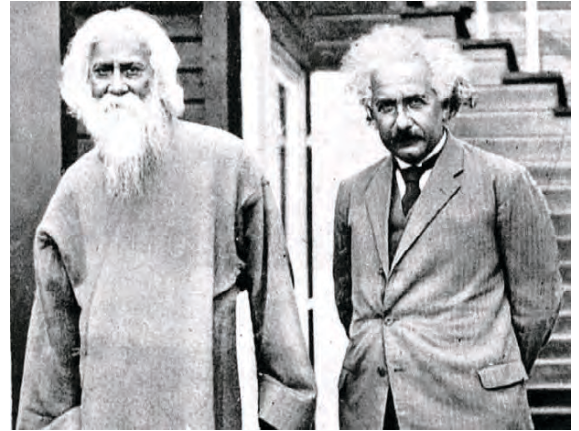
Anytime you have a 50-50 chance of getting something right, there's a 90% probability you'll get it wrong. (Variation on Murphy's Law)

The things that come to those that wait, may be the things left by those who got there first.

Two of the World's Greatest Intellectuals

History They Didn't Teach You In School

In 1930, two of the world's greatest intellectuals, Albert Einstein and Rabindranath Tagore, engaged in a remarkable conversation at Einstein's residence in the outskirts of Berlin. This historic meeting, held on July 14, 1930, brought together Einstein, the renowned physicist and Nobel Prize laureate in Physics (1921), and Tagore, the esteemed poet, philosopher, and Nobel Prize laureate in Literature (1913). Their dialogue explored profound ideas related to science, philosophy, consciousness, and the nature of reality.



Einstein, a scientist celebrated for his theory of relativity, emphasized the empirical methods of science and the importance of understanding the universe through measurable phenomena. Tagore, on the other hand, was a poet who valued the exploration of consciousness, art, and spiritual experiences. Their discussions centered on the relationship between objective reality, as studied through science, and subjective human experience, often described through poetry and philosophy.

One of the core topics in their conversation was the role of consciousness in shaping reality. Einstein argued that reality existed independently of human perception, while Tagore contended that our consciousness plays an integral part in defining the world around us. This dialogue symbolized a fusion of the scientific worldview with the philosophical and spiritual perspectives of the East.

Their meeting was not only a moment of intellectual exchange but also a symbolic intersection of Eastern and Western thought, illustrating how diverse perspectives can converge to deepen our understanding of existence. The conversation was later published, providing insight into the minds of two extraordinary individuals who shaped the course of modern thought. It remains a timeless reflection on the intersection of science, philosophy, and consciousness, echoing the significance of dialogue across disciplines.



Anna Pavlova

History They Didn't Teach You In School

Anna Pavlova (1881-1931), one of the most celebrated and influential ballet dancers of her time, is captured in this stunning portrait from around 1911-1912. Known for her delicate yet powerful performances, Pavlova revolutionized the art of ballet with her emotive and expressive style. She became famous worldwide for her interpretation of "The Dying Swan," a role that remains iconic in the history of dance.

Pavlova's dedication to her craft and her natural talent helped her to break barriers for women in the arts. Born in Russia, she trained at the Imperial Ballet School in St. Petersburg and went on to perform with the renowned Mariinsky Ballet. Her international fame grew as she toured across Europe, America, and beyond, performing in major cultural capitals and captivating audiences with her grace and technical precision.

Throughout her career, Pavlova's commitment to ballet and her artistry left a lasting legacy on the world of dance. Even after her death in 1931, she continued to inspire generations of dancers, and her name remains synonymous with the beauty and emotional depth that ballet can convey. This portrait captures her poise and the elegance for which she was so well known, marking her as one of the true legends of classical ballet..



Thank You

Red Sorghum Art Troupe

Cape Cod Village Residents Association would like to thank the *Red Sorghum Art Troupe* for bringing their wonderful dance and singing performance to Cape Cod Village on January 26, 2025. A special thanks goes to **Weizhi Sun** and **Pong Yeung** for organizing and coordinating this for our enjoyment. It was fun to see **Weizhi Sun** and **Pong Yeung** dancing in the last number that the *Red Sorghum Art Troupe* performed.

Only the First Sunday of each month.

Pick-up Sunday Between 6:30 pm and 7:00 pm

Treasure Seekers **Permanent** Pickup Schedule

A few tips to help you (and the Treasure Seekers Crew)

Be sure to place your recyclables in a container (plastic, paper or reusable container that we will return to you).

Place your containers at the end of your driveway - Not in the street or in the rain gutter.



**Put Your “Treasures” Out No Later than
6:00 PM on Sunday Evening.**

Editorial Deadline

• *5th of each month*

Submissions

- Send submissions to: dms@danielsart.com
- Will be edited for content and space.
- No discussion of politics or religion shall be printed.
- No commercial advertising other than paid display advertising arranged with the publisher shall be included.
- Unable to accept copyrighted material.
- The publication is not to be used for residential / management disputes by either residents or management.

Copies of past issues of the Whaler can be found on the CCVRA website at:
<https://www.danielsart.com/CCVRA/Welcome.html>