

## President's Message

April 2026

Let's hope the spring weather we have had early in the year continues. We are definitely spoiled with this fantastic weather.

April will be a quiet month for Association events. Birthday cake and treasure seekers will be the first weekend of the month. We will be doing bingo on April 7th. We always have a fun time with various bingo games. The cost is \$1.00 per card per game. So, this means if you are interested in playing one card for all ten games, the cost is \$10.00. If you are playing two cards, then it will be \$20.00. Movie night will be April 11th. The movie will be "Class Action" with Gene Hackman and Mary Elizabeth Mastrantonio. Weizhi Sun will be continuing her Chinese Calligraphy class on April 16th and 30th. She will be taking a break until the fall after this month, so if you are interested in learning this, now is the time to attend. The walking/exercise class, bible study, and zumba continue at their usual times and days.

At the January Association meeting, a resident asked about residents using items from the Association for private parties. We were requested to be consistent with our decision to what has occurred in the past. The board had a long discussion about what had transpired in the past with private parties. We also discussed liability issues and deposits for breakage. The board decided that this was beyond the scope of the by-laws and not what they wanted to do. By an unanimous vote, the Board decided on the following policy:

The CCVRA policy for private parties is that we will not allow the use of anything that belongs to CCVRA, i.e., kitchen supplies that are in locked cabinets and drawers.

Also, please remember that the Association is a social organization. We plan activities and events for residents of Cape Cod Village. We are not involved with the day-to-day management of the park. If you have any issues concerning social events, please contact a board member. If you have questions about what is happening with the park: landscape, fobs, temperature in the clubhouse, parking, etc., please contact the office.

Peggy Wegner  
pawegner12@gmail.com



The 2026 CCVRA Board Members

(L to R) Peggy Wegner, Kitty Etter, Bruce Edmundson, Bill Hines, Eric Hopp, Mary Knoppe, Elizabeth Morrison, Weizhi Sun.

The Cape Cod Whaler is published monthly by MHB Group  
for and distributed solely to residents of Cape Cod Village.

# Cape Cod Village Residents Association

## February 24, 2026 Association Meeting Minutes



**Call to Order:** The meeting was called to order on February 24, 2026 at 7:00 p.m. There were 12 residents in attendance.

**Flag Salute** was led by: **Peggy Wegner**.

**Welcome New Attendees:** There were no new residents.

**Approval of Minutes:** A motion to approve the December 16, 2025 Association Meeting minutes was made by **Bruce Edmundson** and seconded by **Art Aguiniga**. Motion carried.

### REPORTS

#### **Treasurer's Report:**

As of February 1, 2026 beginning balance was: \$5,040.69

Total Income was: \$197.05

Total Expenses were: \$268.67

Ending balance as of February 24, 2026 is: \$4,969.07

Comments and questions were invited from the floor. The report will be filed subject to audit.

**Circle of Care:** Jo Asplund was not present to report. Please see the Whaler for further details.

**Treasure Seeker's Report:** We collected \$105.05 for the month of February. The next collection date will be March 1, 2026.

**Membership Report:** As of February 24th, we have 94 members from 62 households.

### OLD BUSINESS

**Informational Meetings:** The Board is working to get State Senator Wahab to come meet with us.

### NEW BUSINESS

**Private Parties:** At the last Association meeting, the Board was asked about residents using items from the Association for private parties, i.e., anything in the locked cabinets or drawers. We were requested to be consistent with our decision to what has occurred in the past. After much discussion regarding the liability of loaning out the items and lost and/or damage to the items the board decided that this was beyond the scope of the by-laws and not what they wanted to do. So, by unanimous vote, the Board decided on the following policy:

The CCVRA policy for private parties is that we will not allow the use of anything that belongs to CCVRA, i.e., kitchen supplies that are in locked cabinets and drawers.

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# Cape Cod Village Residents Association

## February 24, 2026 Association Meeting Minutes



(Continue from page 2)

**2026 CCVRA Budget:** Peggy Wegner read Bruce Edmundson's budget. She asked if there were any questions. None were asked.

## Cape Cod Village Residents Association

### Budget for 2026

**Actual Starting Balance** **\$4,546.27**

#### Income:

|                               |            |                   |
|-------------------------------|------------|-------------------|
| Membership Dues and Donations | \$750.00   |                   |
| Movie nights (net income)     | \$100.00   |                   |
| Treasure Seekers (net income) | \$1,975.00 |                   |
| <b>Total Income</b>           |            | <b>\$2,825.00</b> |

#### Expenses:

##### Overhead:

|                                   |            |                     |
|-----------------------------------|------------|---------------------|
| Clubhouse (includes piano tuning) | (\$700.00) |                     |
| Copies/Printing/Office Supplies   | (\$750.00) |                     |
| Bingo events                      | (\$70.00)  |                     |
| CERT (formerly SNAP)              | (\$25.00)  |                     |
| Fees / Charges                    | (\$105.00) |                     |
| Gifts, Donations & Prizes         | (\$150.00) |                     |
| Kitchen / White Products          | (\$250.00) |                     |
| Meet & Greet / Welcome            | (\$25.00)  |                     |
| <b>Subtotal</b>                   |            | <b>(\$2,075.00)</b> |

##### CCVRA Supported Events:

|                                       |              |                     |
|---------------------------------------|--------------|---------------------|
| 4 events at \$250 each (schedule TBD) | (\$1,000.00) |                     |
| <b>Subtotal</b>                       |              | <b>(\$1,000.00)</b> |
| <b>Total Expenses</b>                 |              | <b>(\$3,075.00)</b> |

**Net Income (Expense)** **(\$250.00)**

**Estimated Ending Balance** **\$4,296.27**

Rev: 2/15/2026

A motion to approve the 2026 Budget as read was made by **Elizabeth Morrison** and seconded by **Mary Knoppe**. Motion carried.

**Projector:** For informational meetings. **Bruce Edmundson** searched and found a projector made by VOPLLS on Amazon for \$153.00. A motion to approve the purchase of said projector was made by **Diane Daley** and seconded by **Mary Knoppe**. Motion carried.

(Continues on page 4)

## Cape Cod Village Residents Association February 24, 2026 Association Meeting Minutes



(Continue from page 3)

### EVENTS

#### ► Monthly Events

- **Exercise Class:** Monday, Wednesday and Friday mornings from 10:00 a.m. to 11:00 a.m.  
Chairpersons: Sandy Bain and Jon Lichtenberg.
- **Bible Study:** Every second and fourth Wednesday from 1:30 p.m. to 2:30 p.m. in the Craft Room. Chairperson: Mary Knoppe.
- **Birthday Cake:** First Saturday of the month from 10:00 a.m. to 11:30 a.m. in the Craft Room. Chairpersons: Weizhi Sun and Pong Yeung.
- **Zumba:** Tuesday at 4:00 p.m. and Friday at 11:15 a.m.  
Chairperson: Laurie Willis.
- **Chinese Calligraphy:** February 26, March 12, and 26, 2026 from 2:00 p.m. to 4:00 p.m.  
Chairperson: Weizhi Sun.

#### ► February Events

- **Movie Night:** February 14, 2026, 6:30 p.m.  
Chairpersons: Bruce Edmundson and Elizabeth Morrison. The movie was “50 First Dates”. Drinks and popcorn were provided. Donation and suggestion boxes were out. 7 people attended.
- **Chinese Spring Festival:** February 15, 2026, 3:00 to 4:00 p.m.  
Chairpersons: Weizhi Sun and Pong Yeung. Performance by NorthEastern Art Troupe. Peggy Wegner thanked Weizhi Sun and Pong Yeung for another successful event.
- **Bingo:** February 18, 2026, 7:00 to 9:00 p.m.  
Chairpersons: Peggy Wegner and Kitty Etter. 10 people attended.

#### ► March Events

- **Chinese Lantern Festival:** March 8, 2026, 2:00 to 4:00 p.m.  
Chairpersons: Weizhi Sun and Pong Yeung. Doors open at 1:30 p.m.
- **Pi Day:** March 15, 2026, 2:00 to 4:00 p.m.  
Chairpersons: The Board. Flyers are going out Wednesday.
- **Movie Night:** March 21, 2026, 6:30 p.m.  
Chairpersons: Bruce Edmundson and Elizabeth Morrison. The movie starts at 7:00 p.m. The movie will be “The American President” with Michael Douglas and Annette Bening. Directed by Rob Reiner. Drinks and popcorn will be provided. Donation and suggestion boxes will be out.

#### ► April Events

- **Bingo:** April 7, 2026, 7:00 p.m.  
Chairpersons: Kitty Etter and Peggy Wegner

Comments, questions and additional items are invited from the floor.

The next Association meeting will be March 31, 2026 at 7:00 pm with Meet and Greet at 6:45 pm.

There being no further business, a motion to adjourn was made by: **Eric Hopp** and seconded by **Elizabeth Morrison**. Motion carried.

The meeting adjourned at 7:20 p.m.

Respectfully submitted,

**Kitty Etter**

Secretary

# Cape Cod Village Residents Association

## Treasurer's Report - February 2026

**02/01/2026 Balance Forward** **\$ 5,040.69**

**Income:**

|                     |           |               |
|---------------------|-----------|---------------|
| Dues and donations  | \$ 108.00 |               |
| Event income        | 2.00      |               |
| Treasure Seekers    | 105.05    |               |
| <b>Total Income</b> |           | <u>215.05</u> |

**Expenses:**

|                            |             |                 |
|----------------------------|-------------|-----------------|
| Clubhouse                  | \$ (207.93) |                 |
| Refreshments for Bingo etc | (19.99)     |                 |
| Kitchen expenses           | (58.68)     |                 |
| Office/copy/printing       | (152.74)    |                 |
| Event expenses             | (37.26)     |                 |
| <b>Total Expenses</b>      |             | <u>(476.60)</u> |

**Monthly Net Income (Expense)** (\$261.55)

**Balance as of 02/28/26** **\$ 4,779.14**

| <b>Event summary by item (this month)</b> | <b>Expense</b> | <b>Income</b> | <b>Net Income</b> |
|-------------------------------------------|----------------|---------------|-------------------|
| 02/14/26 Movie Night                      | (11.98)        | 2.00          | (9.98)            |
| 03/15/26 Pi Day (advance)                 | (25.28)        | 0.00          | (25.28)           |

Brandenburg, Staedler & Moore - Cape Cod Village, L.P. Brandenburg, Staedler & Moore and their respective partners, managers and employees, individually and collectively assume no responsibility for the content of this publication herein and shall be held harmless against any suit, demands or liability arising there from.

All activities arranged for members of Cape Cod Village Residents Association are for the convenience and pleasure of Association members and their guests who voluntarily desire to participate. CCVRA, its officers and members do not assume any responsibility for the well-being or safety of participants and their property in any manner pertaining to said activities. Members of the Association and their guests participate at their own risk and should not expect to hold Cape Cod Village Residents Association or any of its officers or members responsible in any way.



# April 2026

| Sun.                                                                                                                                                                                                           | Mon.                                                                                                                                | Tue.                                                                                                                | Wed.                                                                                                                                                                                                                                                         | Thu.                                                                                                                                     | Fri.                                                                                                                                  | Sat.                                                                                                                      |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                |                                                                                                                                     |                                                                                                                     | <b>1</b> <br>Walking Exercise Class<br>10:00 am<br>                                        | <b>2</b>                                                                                                                                 | <b>3</b> <br>Walking Exercise Class<br>10:00 am    | <b>4</b> Birthday Cake<br>10:00 am<br> |
| <b>5</b> <br>Treasure Seekers<br>6:30 pm<br> | <b>6</b> <br>Walking Exercise Class<br>10:00 am    | <b>7</b> Bingo<br>7 pm to 9 pm<br> | <b>8</b> <br>Walking Exercise Class<br>10:00 am<br>Bible Study<br>1:30 to 2:30 pm<br>      | <b>9</b>                                                                                                                                 | <b>10</b> <br>Walking Exercise Class<br>10:00 am   | <b>11</b> <br>Movie Night<br>6:30 pm   |
| <b>12</b>                                                                                                                                                                                                      | <b>13</b> <br>Walking Exercise Class<br>10:00 am   | <b>14</b>                                                                                                           | <b>15</b> <br>Walking Exercise Class<br>10:00 am<br>                                     | <b>16</b> Chinese Calligraphy<br>2:00 to 4:00 pm<br> | <b>17</b> <br>Walking Exercise Class<br>10:00 am   | <b>18</b>                                                                                                                 |
| <b>19</b>                                                                                                                                                                                                      | <b>20</b> <br>Walking Exercise Class<br>10:00 am | <b>21</b> CCVRA Board Meeting<br>6:30 pm                                                                            | <b>22</b> <br>Walking Exercise Class<br>10:00 am<br>Bible Study<br>1:30 to 2:30 pm<br> | <b>23</b>                                                                                                                                | <b>24</b> <br>Walking Exercise Class<br>10:00 am | <b>25</b>                                                                                                                 |
| <b>26</b>                                                                                                                                                                                                      | <b>27</b> <br>Walking Exercise Class<br>10:00 am | <b>28</b> CCVRA Meet & Greet<br>6:45 pm to 7 pm<br>CCVRA Meeting<br>7 pm                                            | <b>29</b> <br>Walking Exercise Class<br>10:00 am                                                                                                                          | <b>30</b> Chinese Calligraphy<br>2:00 to 4:00 pm<br> |                                                                                                                                       |                                                                                                                           |

|          |                         |                    |
|----------|-------------------------|--------------------|
| April 4  | Birthday Cake           | 10:00 am           |
| April 5  | Treasure Seekers        | 6:00 pm to 7:00 pm |
| April 7  | Bingo                   | 7:00 pm to 9:00 pm |
| April 11 | Movie Night             | 6:30 pm            |
| April 21 | CCVRA Board Meeting     | 6:30 pm            |
| April 28 | CCVRA - General Meeting | 7:00 pm            |



# April Celebrations



## Happy Birthday

|                      |                        |
|----------------------|------------------------|
| 3 Paul Goodwin       | 18 Mary Pierceall      |
| 4 Linda Tanouye      | 24 Amanda Sin          |
| 5 Pong Yeung         | 24 Patricia Lieb       |
| 6 Boris Zatulovski   | 25 Dave Johnsen        |
| 8 Willy Visser       | 25 Ora Gittelson-David |
| 15 Christine Saltnes | 25 Wendy Howard        |
| 15 Laurie Willis     | 26 Sun Chung           |
| 15 Kook Sang Yoo     |                        |
| 16 Bobbie McGhee     |                        |

## Anniversary Congratulations

|                             |      |
|-----------------------------|------|
| 20 Barbara & Irvin McCauley | 1957 |
| 21 Kevin & Tamera Guess     | 2012 |

## April Directory Updates

No Updates this Month

Please update your directory and take a moment to make sure your entries are correct. If not, please submit changes on the CAPE COD VILLAGE INFORMATION FORM printed in this Whaler and deposit in the CCVRA mailbox in the clubhouse.

## CAPE COD VILLAGE RESIDENTS ASSOCIATION INFORMATION FORM

Please **PRINT** all information

Date: \_\_\_\_\_ Space # \_\_\_\_\_

Name 1: First \_\_\_\_\_ Last \_\_\_\_\_

Phone (only 1 per person) \_\_\_\_\_ Birthday: (mm/dd) \_\_\_\_\_

Email \_\_\_\_\_

Name 2: First \_\_\_\_\_ Last \_\_\_\_\_

Phone (only 1 per person) \_\_\_\_\_ Birthday: (mm/dd) \_\_\_\_\_

Email \_\_\_\_\_

Anniversary: (mm/dd/yyyy) \_\_\_\_\_

Please fill out this form and place it in the CCVRA mailbox in the clubhouse.  
\*\*\*\*\* Updates and additions will **ONLY** be accepted on this form. \*\*\*\*\*  
\*\*\* This information will be published in the Whaler, and used to update the  
CCVRA Phone Directory, (unless requested otherwise). \*\*\*

\*\*\*\*\* For Official Use Only \*\*\*\*\*

Date Received \_\_\_\_\_ Date Entered: \_\_\_\_\_ By \_\_\_\_\_

Code: Anniv Birthday Delete Email Moved New Phone Spelling



*Vicky Lawson has been dealing with a medical issue now for a few weeks. Lets keep her in our prayers.*

*Jeff Wensmann has recently had foot surgery which we all know is extremely uncomfortable.*

*All of us are sending best wishes for a speedy recovery and successful outcome for both Vicky and Jeff.*

*A reminder from Co Chair Jo Asplund and Vicky Lawson to all residents.  
Please contact either of us to report any information about a friend or neighbor  
who may need get well wishes or condolences.*

*Please collect pertinent information concerning the individuals for correct spelling  
of their name and correct space number.*

*Questions directed to co chairs will be answered as quickly as possible.*

*Help us bring a small amount of comfort to those involved.*

*Thank you so much!*

*Jo Asplund 408 205-1159*

*Vicky Lawson 408-230-2551*

*Healthy regards to all residents from Cape Cod Residents Association*

## **SAVE THE DATE**



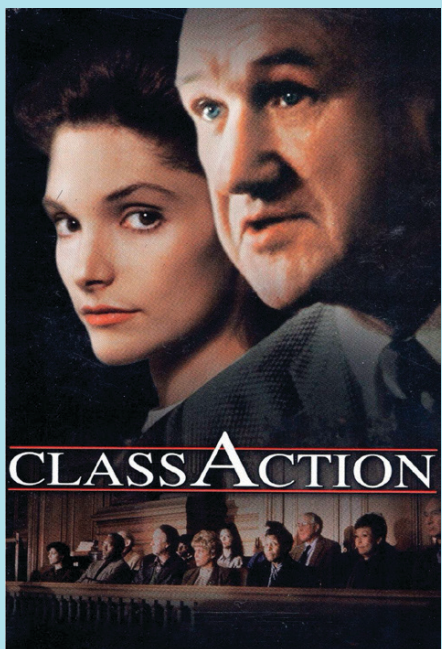
***Mother's Day Luncheon - Tea***

***Sunday, May 17, 2026***

***1:00 pm to 2:30 pm***

***Bingo***

***at 2:45 pm***



## Classic Movie Night At The Cape Cod Village Clubhouse

### Class Action (1991)

Saturday, April 11, 2026

Doors Open 6:30 p.m.

Movie Starts at 7:00 p.m.

Popcorn and Soda/Water will be served

Cost: Donation Box to help offset costs

Bring your own comfy chair and enjoy the show!

For more information call Bruce at 408-307-6810

An attorney representing a traumatized accident victim finds that his opponent is a very familiar defense attorney - his own daughter.

Starring Gene Hackman and Mary Elizabeth Mastrantonio.

*You Got This*

**ZUMBA**  
gold®

**THIS SPACE IS  
JUDGMENT-FREE  
AND  
JOY-FULL**

Get a great workout!  
Zumba Gold® with Laurie  
Tuesdays at 4 p.m.  
Fridays at 11:15 a.m.  
Cape Cod Clubhouse

## Walking Exercise Class

In the Cape Cod Village Clubhouse

Every Monday, Wednesday and  
Friday at 10:00 a.m.

Call: Sandy Bain or Jon Lichtenberg for  
details: 408-685-2140



## Chinese Calligraphy Writing 中国书法初学



April 16 & April 30  
2:00 p.m. to 4:00 p.m.

At the Clubhouse in the craft room.

For more information contact  
Weizhi Sun (408) 577-7165

## Cape Cod Bible Study

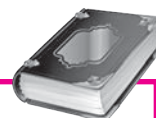
2nd and 4th Wednesday  
1:30 p.m. to 2:30 p.m.

Everyone is welcome!!!!!!

Give us a try!!!!!!!!!! Questions?

Any questions contact

Mary Knoppe@ 1-669-215-3759  
maryknoppe@sbcglobal.net.



# 2026 Chinese Spring Festival



*Thank You*

## Chinese Spring Festival

The Cape Cod Village Residents Association would like to thank the NorthEastern Art Troupe for the Chinese Spring Festival presentation on February 15, 2026. The singing and dancing was fantastic. The residents of Cape Cod Village were blessed to have this performance. Again, a very special thank you goes to **Weizhi Sun** and **Pong Yeung** for organizing and coordinating this for our enjoyment.

# 2026 Chinese Lantern Festival



*Thank You*

## Chinese Lantern Festival

The Cape Cod Village Residents Association would like to thank the Red Sorghum Art Troupe for the Chinese Lantern Festival presentation on March 8, 2026. The singing and dancing was wonderful, especially when our CCVRA friends joined in. The residents of Cape Cod Village were lucky to have this performance, specifically because it was to wish us all a Happy Lunar New Year. Again, a very special thank you goes to **Weizhi Sun** and **Pong Yeung** for organizing and coordinating this for our enjoyment.

# The Ancient Invention of the Steam Engine by the Hero of Alexandria

By John Black

In our society today we are often surprised and impressed by the advancement of technology and engineering, a major characteristic of our civilisation. However if we look back more than 2,000 years ago, we can find mechanical marvels and incredible feats of engineering that were ahead of their time. Many became lost to the pages of history, only to become reinvented just a few centuries ago. This includes the first modern of the steam engine.

Heron of AlexandriaHeron Alexandrinus, or Hero of Alexandria as he was often known, was a Greek born in 10AD in Alexandria, now part of Egypt, and the second largest city after Cairo. Little is known about the life of Heron, however, we are aware that he was born to Greek parents that migrated to Alexandria after the conquest of Alexander the Great. Heron was a mathematician and an engineer considered to be one of the greatest inventors of ancient times.

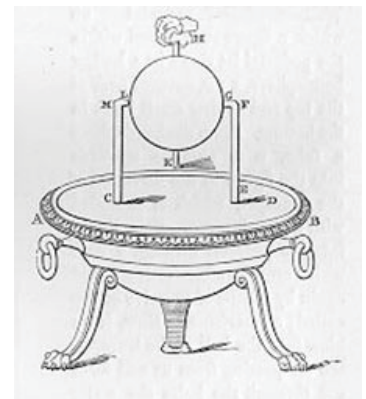


During the era in which Heron lived, the great Library of Alexandria was in its glory and Heron is believed to have taught at the Museum of Alexandria, a place for scientists and scholars to meet and discuss.

What very few people know, thanks to the omission of important facts from our history books, is that Heron was the first inventor of the steam engine, a steam powered device that was called aeolipile or the 'Heron engine'. The name comes from the greek word 'Aiolos' who was the Greek God of the winds.

Although a few others have talked about devices similar to aeolipiles before Heron, Heron was the first one to describe them in detail and give instructions for manufacturing them in his book Pneumatica, where more than 78 devices are described. Many of Heron's ideas were extensions and improvements of another Greek inventor who lived in Alexandria 300 years before him, known as Ktesibios, the first to write about the science of compressed air.

But what is an aeolipile? It is a sphere that is positioned in such a way that it can rotate around its axis. Nozzles that are opposite to each other would expel steam and both of the nozzles would generate a combined thrust resulting in torque, causing the sphere to spin around its axis. The rotation force speeds up the sphere up to the point where the resistance from traction and air brings it to a stable rotation speed.



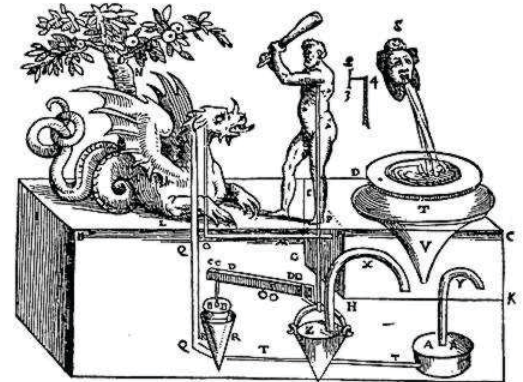
(Continues on page 13)

(Continue from page 12)

The steam was created by boiling water either inside the sphere or under it, as seen in the image. If the boiler is under the sphere, then it is connected to the rotating sphere through a pair of pipes that at the same time serve as pivots for the sphere. The replica of Heron's machine could rotate at 1,500 rounds per minute with a very low pressure of 1.8 pounds per square inch.

This invention was forgotten and never used properly until 1577, when the steam engine was re-invented by the philosopher, astronomer and engineer, Taqu al-Din. But he basically described the same device as Heron, a method for rotating a spit by using jets streams on the periphery of a wheel.

Another invention of Heron was the 'wind wheel,' a wind-driven wheel that was used to power a machine that was connected to a pipe organ. He also invented the first vending machine, automatic opening doors, 'miraculous' movements and sounds in temples, a fire engine, a standalone fountain, and many of the mechanisms of the Greek theatre. One of his theatrical mechanical inventions included a completely mechanical robotic theatrical play by using a binary system of knots and ropes and simple machines, even creating artificial sounds of thunder, pumps and concentration of light to specific parts of the performance. His works include descriptions of machines working on air, steam or water pressure, architectural devices for lifting heavy objects, methods of calculating surfaces and volumes – including a method of calculating the square root, war machines, and manipulation of light using reflection and mirrors.



It is clear that Heron was a genius with knowledge that was incredibly advanced for the time. Unfortunately, most of his original writings have been lost, with just a few surviving in Arabic Manuscripts. Who knows how many more incredible inventions were documented by Heron more than 2,000 years ago.

## CCVRA Contact Information

| Name               | Function                       | Number           | eMail                          |
|--------------------|--------------------------------|------------------|--------------------------------|
| Peggy Wegner       | President/Events               | 1 (650) 303-4072 | pawegner@gmail.com             |
| Bruce Edmundson    | Treasurer / Flyers and Copying | 1 (408) 307-6810 | bruceedm@gmail.com             |
| Jo Asplund         | Circle of Care                 | 1 (408) 205-1159 | jvasplund@gmail.com            |
| Vicky Lawson       |                                | 1 (408) 230-2551 | —                              |
| Kitty Etter        | Whaler                         | 1 (408) 744-0789 | ketter63@yahoo.com             |
| Daniel Schwartz    | Treasure Seekers               | 1 (408) 962-0277 | dms@danielsart.com             |
| Elizabeth Morrison | Library                        | 1 (650) 678-8069 | elizabethmorrison123@gmail.com |

# Gene Roddenberry

Eugene Wesley Roddenberry Sr. (August 19, 1921 – October 24, 1991) was an American television screenwriter and producer who created the science fiction series and fictional universe Star Trek. Born in El Paso, Texas, Roddenberry grew up in Los Angeles, where his father was a police officer. Roddenberry flew 89 combat missions in the Army Air Forces during World War II and worked as a commercial pilot after the war. Later, he joined the Los Angeles Police Department and began to write for television.

As a freelance writer, Roddenberry wrote scripts for Highway Patrol, Have Gun – Will Travel, and other series, before creating and producing his own television series, The Lieutenant. In 1964, Roddenberry created the original Star Trek series, which premiered in 1966 and ran for three seasons.

He then worked on projects including a string of failed television pilots. The syndication of Star Trek led to its growing popularity, resulting in the Star Trek feature films, which Roddenberry continued to produce and consult on. In 1987, the sequel series Star Trek: The Next Generation began airing on television in first-run syndication; Roddenberry was involved in the initial development but took a less active role after the first season due to ill health. He consulted on the series until his death in 1991.



In 1985, Roddenberry became the first TV writer with a star on the Hollywood Walk of Fame. He was later inducted into the Science Fiction Hall of Fame and the Academy of Television Arts & Sciences Hall of Fame. Years after his death, Roddenberry was one of the first humans to have their ashes carried into earth orbit. Star Trek has inspired films, books, comic books, video games and fan films set in the Star Trek universe.



## March Birthday Cake



Alex Birguer



Jon, Sandy, Elizabeth, Maria, Carole, Olga & Alex



Valentina & Weizhi

# The Real Alice in Wonderland

Not everything in 'Alice's Adventures in Wonderland' was conjured from Lewis Carroll's imagination. Stubborn, precocious and curious, the character of Alice was based on a real little girl named Alice Liddell, with a brunette bob and short fringe.

Alice Liddell was almost five years old when she first met the mathematician Charles Lutwidge Dodgson, better known by his pen name Lewis Carroll. She lived at Christ Church College at the University of Oxford, where her father was the Dean and Dodgson was a maths tutor. With Dodgson's study adjoining the Liddells' lodgings, he soon became friend, photographer and storyteller to the Liddell family.

The Alice stories were first created one legendary 'golden afternoon' on 4 July 1862. While entertaining the three Liddell sisters, Alice, Lorina and Edith, during a boating trip, Dodgson improvised the story that would become Alice's Adventures in Wonderland. The main character, Alice, shared many characteristics with Alice Liddell, being stubborn, precocious and curious, (although the famous illustration of Alice by John Tenniel would depart strongly from Liddell's brunette bob and short fringe).

Liddell urged Dodgson to write the story down, and he gifted her the first manuscript, which he illustrated himself, in November 1864, titled Alice's Adventures Under Ground. The story was eventually published with illustrations by John Tenniel as Alice's Adventures in Wonderland in 1865, followed by Alice Through the Looking Glass in 1871 – the beginning of a global phenomenon.



Alice Liddell aged 7, photographed by Charles Dodgson (Lewis Carroll) in 1860. Wikimedia commons.



Alice and the Dodo illustrated by John Tenniel in Lewis Carroll's 'Alice's Adventures in Wonderland' first published edition, 1866, p. 35. National Art Library: 38041802039719.



# The Recipe Box

## Traditional Irish Stew

Costco Connection - March 2026

### Instructions

Pat meat dry with a paper towel and season with salt and pepper. In a large, heavy-bottomed stewpot with a tight-fitting lid, heat 1 Tbsp oil over medium heat, then add a third of the meat. Sear for 2 to 3 minutes per side, then flip and sear for an additional minute. Place seared meat on a plate and repeat the process for the remaining meat, adding more oil if the pan gets dry.



To the same pot, add the onion and a pinch of salt. Sauté for 3 minutes, or until tender. Add the garlic and sauté for 1 more minute. Add the butter and cook until melted, then sprinkle flour and stir for 1 to 2 minutes, or until lightly browned. Slowly whisk in 1/2 cup broth, using a wooden spoon to scrape the bottom of the pan. Stir in the remaining 2-1/2 cups broth. Add the meat and thyme. Cover and simmer for 20 minutes.

Stir in the mushrooms and simmer for 15 minutes. Stir in the carrots and celery, and simmer, uncovered, for another 10 minutes. Add salt and pepper to taste. Stir in potatoes and simmer for another 10 to 12 minutes, covered, or until the potatoes are fork-tender.

Remove the thyme sprigs, if using. Ladle the stew into serving bowls and garnish with parsley, if desired. Serve immediately. Makes 6 to 8 servings.

### Ingredients

#### MARINADE

- 1 lb beef (such as chuck shoulder or stew meat)  
or lamb (such as shoulder or shank),  
cut into chunks
- Kosher salt and black pepper, to taste
- 1 to 2 Tbsp avocado oil
- 1 onion, cut into large chunks
- 4 garlic cloves, minced
- 3 Tbsp butter
- 3 Tbsp all-purpose flour
- 3 cups low sodium beef broth, divided
- 1/2 tsp dried thyme or a few sprigs of fresh thyme
- 1 lb mushrooms, such as cremini or button,  
quartered
- 5 carrots, peeled and cut into large chunks
- 4 celery stalks, cut into large chunks
- 2 lbs red potatoes, cut into large chunks
- Fresh parsley, for garnish (optional)



Recipe and photo courtesy of Emily Koch  
(robustrecipes.com)

# Creative Caffeine

## Innovative uses for instant coffee

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It might not be your preferred pick-me-up, but instant coffee has a surprisingly complex flavor profile that lends itself to both sweet and savory recipes. And with a number of ingenious uses beyond a cup of joe, it's a versatile product that deserves a place in your pantry. Here are some clever ways to make it your next secret ingredient:

**Cooking.** Your standard Bolognese sauce, chili or gravy will perk up with a hint of instant coffee. Be sure to dissolve it in hot water first to avoid tasting the granules.

**Dry rub.** Flavor your next steak or pork chop by coating it with a mix of instant coffee, brown sugar and savory spices like chili and garlic powder.

**Baking.** Instant coffee amps up the flavor of chocolate. Try swapping water for brewed coffee in your next batch of boxed brownies.

**Smoothies.** Take your morning drink to the next level. Stir instant coffee into hot milk and set it aside to cool. Blend with a frozen banana and your favorite mix-ins (like peanut butter or cocoa powder) for a rich, creamy delight.

**Ice cream topping.** Top your sundae with a pinch of instant coffee for a sophisticated sweet treat.

**Face mask.** Mix equal parts honey and instant coffee for a pampering facial. The caffeine in coffee helps constrict blood vessels, neutralize free radicals and reduce inflammation, which translates to better tone and less noticeable under-eye circles.

**Deodorizer.** Coffee's nitrogen content helps it absorb odors. Put a dish of instant coffee in your fridge, laundry room or wherever you need some freshness.

**Ant repellent.** Covering ant holes with instant coffee likely won't get rid of the bugs forever, but it can throw off their scent and temporarily keep them away.

Don't overlook instant coffee—instead, use it to fuel your creativity!

*Meredith Begley is a freelance writer in Queens, New York.*

# Funnies

**You're getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.**

The fact that somebody looked straight at a purple onion and named it a red onion really bothers me.

**If you're feeling too good about yourself, go ask a 5 year old to guess your age. That should even things out.**

**I saw an audiologist today, but I think I'll get a second opinion. Why on earth would I need a heron egg?**

**Remember when we were little and had underwear with the days of the week on them? Yah. Those would be helpful right now.**

**I WAS LONELY UNTIL I GLUED A COFFEE CUP ON TOP OF MY CAR. NOW EVERYONE WAVES AT ME!**

**This can't be the same 90 degrees I used to run around outside in as a child.**

**Welcome to adulthood, where you get irritated when they rearrange the grocery store**

My teacher told me not to worry about spelling because in the future there will be autocorrect And for that I am eternally grapefruit.

**I used to be able to do cartwheels.**

**Now I tip over putting on my underwear.**

**Old age is a thing... last night I was in bed for 20 minutes when I heard the pizza guy cough. Then I remembered I came to my room to get my wallet.**

**When I say "the other day" It could mean anytime between yesterday and my birth**

**When I was a kid, there were no phones or tablets. We read cereal boxes at breakfast.**

# Only the First Sunday of each month.

**Put Your “Treasures” Out No Later than  
6:00 PM on Sunday Evening.**

A few tips to help you (and the Treasure Seekers Crew)

Be sure to place your recyclables in a container (plastic, paper or reusable container that we will return to you).

Place your containers at the end of your driveway - Not in the street or in the rain gutter.



**Put Your “Treasures” Out No Later than  
6:00 PM on Sunday Evening.**

## Editorial Deadline

- *5th of each month*

### Submissions

- Send submissions to: [dms@danielsart.com](mailto:dms@danielsart.com)
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