

President's Message



June 2024

Dear Fellow Residents,

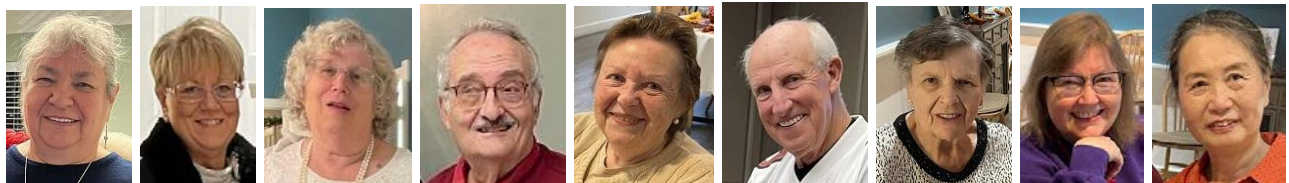
Here we are entering June. We have the Father's Day Potluck, The Dragon Boat Festival and Movie Night to look forward to. The movie this month will be the newly released: "Bob Marley ONE LOVE". It is going to be another busy month.

For personal reasons, Barb Matson has decided to step down as chairperson of the regular exercise and line dancing classes. I would like to thank Barb for her dedication in getting these two events up and running successfully. She will definitely be missed. I would also thank Sandy Bain and Jon Lichtenberg for stepping forward as co-chairpersons to keep both of these events running smoothly.

I am looking forward to July and more specifically the 4th of July Party. This year, we will be able to do the Flag Salute, BBQ and Bingo for sure. The other games are completely up in the air as we need volunteers to assist us in running them. If you feel you would like to help out, please let me know as soon as possible so we can start the planning.

Sheila Wark

warkwyn@gmail.com



The 2024 CCVRA Board Members

(L-R) Sheila Wark, Kathy Love, Peggy Wegner, Bruce Edmundson, Diane Daley, Bill Hines, Priscilla Mattson, Elizabeth Morrison and Weizhi Sun

The Cape Cod Whaler is published monthly by MHB Group
for and distributed solely to residents of Cape Cod Village.

Cape Cod Village Residents Association

April 30, 2024 Association Meeting Minutes

Call to Order: The meeting was called to order on April 30, 2024 at 7:01 pm. There were 12 residents in attendance.



Flag Salute was led by **Joe Madison**

Welcome New Attendees: No new attendees.

Approval of Minutes: A motion to approve the January 30, 2024 Association Meeting minutes was made by **Joe Madison** and seconded by **Elizabeth Morrision**. Motion carried.

A motion to approve the February 27, 2024 Association Meeting minutes was made by **Priscilla Mattson** and seconded by **Jo Asplund**. Motion carried.

A motion to approve the March 26, 2024 Association Meeting minutes was made by **Bruce Edmundson** and seconded by **Jo Asplund**. Motion carried.

Reports:

Treasurer's Report:

As of April 1, 2024, the beginning balance was \$5,375.62.

Total Income was: \$303.41.

Total Expenses were: \$163.83.

Ending balance as of April 30, 2024 was \$5,515.20.

Membership Report: **Diane Daley** reported that we have 108 members out of 70 households.

Circle of Care: **Jo Asplund** reported. Please see Whaler for further details.

Treasure Seeker's Report: We collected \$293.41 for the month of April. The next collection date will be May 5, 2024.

Old Business:

➤ **Whaler:** **Sheila Wark**, **Bruce Edmundson**, and **Peggy Wegner** teamed up with the Whaler crew to put together the May Whaler. It went to the publisher on April 11th. We are looking at having to do the June Whaler as well. If you have any content, please submit it to **Sheila Wark** or **Kitty Etter** as soon as possible.

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Cape Cod Village Residents Association: April 30, 2024 Association Meeting Minutes

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New Business:

➤ **Memorial Day Donation Drive:** **Sheila Wark** contacted Management about the possibility of doing a Memorial Day donation drive to benefit the Palo Alto VA Health Care System: Patient Needs. We were informed that Management is in favor of us doing the drive, but doesn't want us to have the collection in the clubhouse for liability reasons. It is all right for us to collect at one of our homes. To that end, CCVRA will have a collection box at **Peggy Wegner's** house #47. As **Peggy Wegner** will be transporting the donations to the VA, it seemed logical to manage the drive at her place. There is a list of needed items on page 7 of the May Whaler and on the back of your May Events flyer. Please only donate items from the list.

➤ Events:

April Events

- **Exercise Class: Barb Matson:** Every Monday and Wednesday mornings from 10:00 am to noon. Line dancing on Fridays at 10:00 am.
- **Bible Study: Mary Knoppe:** Every 2nd and 4th Wednesdays from 1:30 to 2:30 pm in the craft room.
- **Eclipse Watch Party:** Monday, April 8, 2024: **George Kulcher** was able to set up his telescope for the Eclipse. There were about 20 residents who attended. **Sheila Wark** heard that it was very enjoyable.
- **Movie Night: April 27, 2024:** Doors opened at 6:30 pm and movie started at 7:00 pm sharp. This month's movie was "Fast X". We had seven (7) people attend and brought in \$10.00 with no expenses. **Sheila Wark** would like to thank **Kitty Etter** and **Valentina Stahl** for their donation of drinks.

May Events

- **Mother's Day Luncheon:** May 5, 2024: Noon until 3 pm. Lunch and bingo. **Kathy Love** is the chairperson. Flyers have been sent out and May 1st is the deadline.
- **Movie Night: May 25, 2024:** Doors open at 6:30 pm and movie starts at 7:00 pm sharp. This month's movie is "King Richard". This is the story of Richard Williams, father of legendary tennis champions Venus and Serena Williams. He shows how family and perseverance can achieve the impossible and impact the world. Starring Will Smith as Richard Williams. We will be providing popcorn and drinks. The donation box and suggestion box will be out as usual.
- **Memorial Day: May 27, 2024:** Flag raising at 11:00 am with lunch to follow. Sheila is the chairperson. Details to come.

June Events

- **Father's Day: June 8, 2024:** Potluck and Bingo. **Bill Hines** is the chairperson. Details to come.

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Cape Cod Village Residents Association: April 30, 2024 Association Meeting Minutes

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•**Dragon Boat Festival: June 23, 2024:** Doors open at 1:30 pm and the program runs from 2:00 to 4:00 pm. **Weizhi Sun** is the chairperson. Sponsored by CCVRA and Melody Chorus Society.

July Events

•**4th of July: July 4, 2024:** Flag raising followed by games, BBQ, and Bingo. We will need volunteers from the community to pull this off.

Comments, questions and additional items are invited from the floor.

Sheila Wark thanked **Diane Daley** for the treats.

The next Association meeting will be May 28, 2024 at 7:00 pm, doors open at 6:45 pm.

There being no further business, a motion to adjourn was made by **Jo Asplund** and seconded by **Art Aguiniga**. Motion carried.

Meeting adjourned at 7:28 pm

Respectfully submitted.

Peggy Wegner

Secretary

CCVRA Contact Information

Name	Function	Number	eMail
Sheila Wark	President/Kitchen	1 (323) 886-7829	warkwyn@gmail.com
Kathy Love	Vice President/Events	1 (650) 793-0991	Kathylove07@comcast.net
Diane Daley	Membership	-	dddaley3@gmail.com
Sheila Wark	Flyers and Copying	1 (323) 886-7829	warkwyn@gmail.com
Bruce Edmundston	Treasurer	1 (408) 307-6810	bruceedm@gmail.com
Jo Asplund	Circle of Care	1 (408) 205-1159	jvasplund@gmail.com
Vicky Lawson	Circle of Care	1 (408) 230-2551	-
Kitty Etter	Whaler Crew	1 (408) 744-0789	ketter63@yahoo.com
Priscilla Mattson	Whaler Crew	1 (408) 744-0789	prism2018@yahoo.com

Cape Cod Village Residents Association

Treasurer's Report - April 2024

04/01/2024 Balance Forward **\$ 5,375.62**

Income:

Treasure Seekers	\$	293.41	
Event income		10.00	
Total Income			303.41

Expenses:

Office/copy/printing	\$	(113.83)	
Fees/permits		(50.00)	
Event expenses		0.00	
Total Expenses			(163.83)

Monthly Net Income (Expense) **\$ 139.58**

04/30/2024 Balance **\$ 5,515.20**

Event summary by item	Expense	Income	Net Income
04/27 Movie Night	0.00	10.00	10.00

Brandenburg, Staedler & Moore - Cape Cod Village, L.P. Brandenburg, Staedler & Moore and their respective partners, managers and employees, individually and collectively assume no responsibility for the content of this publication herein and shall be held harmless against any suit, demands or liability arising there from.

All activities arranged for members of Cape Cod Village Residents Association are for the convenience and pleasure of Association members and their guests who voluntarily desire to participate. CCVRA, its officers and members do not assume any responsibility for the well-being or safety of participants and their property in any manner pertaining to said activities. Members of the Association and their guests participate at their own risk and should not expect to hold Cape Cod Village Residents Association or any of its officers or members responsible in any way.



*Father's Day Potluck
And
BINGO*

Cape Cod Village Clubhouse

Saturday, June 8, 2024

Doors open: 5:00 pm

Dinner at: 5:30 pm

BINGO at 7:00 pm

Chairperson: Bill Hines

Deadline: June 5, 2024

*Come on out and celebrate Dad at our
Father's Day Potluck and **BINGO***

*Dinner will be followed by **BINGO!!!***

Cost for BINGO is: \$1.00 per card per game.

Reservations are required

Please pre-register with the coupon below and place it in the CCVRA box at the Clubhouse before **June 5, 2024**

Member's Name(s): _____

Guest(s): _____

Space # _____ #Persons _____

Potluck (Main Dish/Salad): _____

I'd like to help with: Set-up: _____ Decorating: _____ Clean-up: _____



Movie Night At The Cape Cod Village Clubhouse

Saturday, June 22, 2024

Doors Open 6:30 pm

Movie Starts at 7:00 pm

This month's feature:



Bob Marley ONE LOVE

Synopsis:

Celebrate the life and music of an icon who inspired generations through his message of love, peace, and unity. In One Love, discover Bob Marley's powerful story of overcoming adversity and the journey behind his revolutionary music that changed the world.



Fellow Musicians

I'm Dave, I'm a Drummer and looking for anyone in the Cape Cod Village Community that would like to get together and play some music!

Contact me if interested.

Cell- 650-207-6751

Email- dcsemenero@gmail.com

Mother's Day Luncheon

I would like to thank all of the people who came and supported this event. I couldn't have done it without Sheila Wark's help. The food was amazing, the decorations were beautiful and everyone had a great time. The crew who helped deserve a huge kudos because I had just gotten home from Cabo San Lucas on Monday evening.

Besides Sheila Wark, I would like to thank my husband Art Aguiniga, Tim Gladwin, Bill Hines, Peggy Wegner & Kitty Etter. Also thank you to the clean up crew. So as the saying goes it does take a village to make a successful party.

Having Bingo afterwards is always great fun too. Thank you Peggy Wegner & Sheila Wark for running this part of the event.

Hopefully I will be able to do this again next year. See all of you there!

Kathy Love



Join us for the Cape Cod Village

加入我們的科德角村莊

Dragon Boat Festival Concert

端午音樂會

Brought to you by CCVRA

由 CCVRA 為您帶來

Performances by: Melody Chorus Society

演出單位: 旋律合唱團

Sunday, June 23, 2024

2024 年 6 月 23 日星期日

Doors open at: 1:30 pm

開門時間: 下午 1:30

Concert: 2:00 pm - 4:00 pm

音樂會: 下午 2:00 - 下午 4:00



Cape Cod Village Celebration!!!

Tuesday, July 4, 2024

11:00 am - 5:00 pm

At the Clubhouse

The Day's Events:

11:00 Flag Salute Ceremony

12:00 pm (noon) to 1:30 pm Lunch

2:00 pm Bingo



The menu:

Hot dogs

Hamburgers

Coleslaw

Baked Beans

Chips

Ice Cream

Watermelon

Soft drinks and water

So far this is the day's program.

In order to do any of the games, we need community volunteers to assist us in running them. If you think you might be able to assist us, please let Sheila Wark (323-886-7829) know as soon as possible so we can begin planning.

Editorial Deadline

- *5th of each month*

Submissions

- Send submissions to: dms@danielsart.com
- Will be edited for content and space.
- No discussion of politics or religion shall be printed.
- No commercial advertising other than paid display advertising arranged with the publisher shall be included.
- Unable to accept copyrighted material.
- The publication is not to be used for residential/management disputes by either residents or management.

Copies of past issues of the Whaler can be found on the CCVRA website at:
<https://www.danielsart.com/CCVRA/Welcome.html>

June 2024

Sun.	Mon.	Tue.	Wed	Thur.	Fri.	Sat.
						1
2  Treasure Seekers 6:30 PM	3  Walking Exercise Class 10:00 AM	4	5  Walking Exercise Class 10:00 AM	6	7  Line Dancing 10:00 am - 11:00 AM	8  Father's Day Potluck 5:00 pm
9	10  Walking Exercise Class 10:00 AM	11	12  Walking Exercise Class 10:00 AM  Bible Study 1:30 to 2:30 PM	13	14  Line Dancing 10:00 am - 11:00 AM  Flag Day	15
16 Father's Day	17  Walking Exercise Class 10:00 AM	18 CCVRA Board Meeting 6:30 PM	19  Walking Exercise Class 10:00 AM  Juneteenth	20	21  Line Dancing 10:00 am - 11:00 AM	22  Movie Night 6:30 PM
23  Dragon Boat Festival Doors open: 1:30 pm Program: 2 to 4 pm	24  Walking Exercise Class 10:00 AM	25 CCVRA Meeting Doors open 6:45 Meeting at 7:00 PM	26  Walking Exercise Class 10:00 AM  Bible Study 1:30 to 2:30 PM	27	28  Line Dancing 10:00 am - 11:00 AM	29
30						

June 2	Treasure Seekers	6:30 pm
June 8	Father's Day Potluck	5:00 pm
June 18	CCVRA Board Meeting	6:30 pm
June 22	Movie Night	6:30 pm
June 23	Dragon Boat Festival	1:30 pm
June 25	CCVRA - General Meeting	7:00 pm

 June Celebrations 			
Happy Birthday		Anniversary Congratulations	
5 Leonor Tuck	15 Sandy Holmes	8 Loc Ly & Kim-Thu Tran	1980
6 Jeffrey Wensmann	16 Peggy Wegner	17 Brian Holmes & Sandy Homes	1989
6 Vicky Parker	20 Dolores Dimitri-Salvato	20 Delon Hanson & Nathalie Hanson	1959
7 Cindy Dinga	23 Genevieve Wensmann	21 Alice Goodwin & Paul Goodwin	2014
7 Robert Valdez	25 Elizabeth Morrison	28 Pam Hibbs & Sharrol Thatcher	2008
9 Denis Bevin	26 Doug Emard		
11 Paula Plischke	26 Jan Trujillo		
12 Joyce Just			
June Directory Updates			
No Updates this month			
Please Update your directory and take a moment to make sure your entries are correct. If not, please submit changes on the CAPE COD VILLAGE INFORMATION FORM printed in this Whaler and deposit in the CCVRA mailbox in the clubhouse.			

CAPE COD VILLAGE INFORMATION FORM

Please **PRINT** all information

Date: _____ Space # _____

Name 1: First _____ Last _____

Phone (only 1 per person) _____ Birthday: (mm/dd) _____

Email _____

Name 2: First _____ Last _____

Phone (only 1 per person) _____ Birthday: (mm/dd) _____

Email _____

Anniversary: (mm/dd/yyyy) _____

Please fill out this form and place it in the CCVRA mailbox in the clubhouse.

***** Updates and additions will **ONLY** be accepted on this form. *****

*** This information will be published in the Whaler, and used to update the CCV Phone Directory, (unless requested otherwise). ***

***** For Official Use Only *****

Date Received: _____ Date Entered: _____ By: _____

Code: Anniv Birthday Delete Email Moved New Phone Spelling

CCV_Information_Form_07



Irene Chan's husband, Wilson, passed away on April 14, 2024. Our deepest condolences to Irene for the loss of her husband.

Barbara Stetta passed away on May 6, 2024. Our deepest condolences to her husband, Rick, for the loss of his wife.

A reminder from Co Chair Jo Asplund and Vicky Lawson to all residents. Please contact either of us to report any information about a friend or neighbor who may need get well wishes or condolences.

Please collect pertinent information concerning the individuals for correct spelling of their name and correct space number.

Questions directed to co chairs will be answered as quickly as possible.

Help us bring a small amount of comfort to those involved.

Thank you so much!

Jo Asplund 408 205-1159

Vicky Lawson 408-230-2551

Healthy regards to all residents from Cape Cod Residents Association

Walking Exercise Class In the Cape Cod Village Clubhouse



Every Monday and Wednesday at 10:00 am

This will be a weekly event.

Call: Sandy Bain or Jon Lichtenberg for details:
408-685-2140



Cape Cod Bible Study

2nd Wednesday June 12 and
4th Wednesday June 26, 2024
1:30 pm to 2:30 pm
2024 Lesson Psalms



Everyone is welcome!!!!!! Give us a try!!!!!! Questions?
Any questions contact Mary Knoppe 408-541-1520
maryknoppe@sbcglobal.net



Line Dancing

In the Cape Cod Village Clubhouse

Every Friday at 10:00 am

Call: Sandy Bain or Jon Lichtenberg for details: 408-685-2140



Library or Clubhouse Donations

Please **DO NOT** leave items in the library or clubhouse. If you have items you wish to donate, please contact one of the following people:

Books for the library: please contact: Kathy Love at: 1-650-793-0991

DVD's for the DVD library: please see Joe Madison in #150

Puzzles for the puzzle table: please contact Peggy Wegner at: 1-650-303-4072

If any of the above people are unavailable: Contact Sheila Wark at: 1-323-886-7829

All other items: please speak to Management.



Cape Cod Village Mother's Day Luncheon 2024



Kathy and Lai-King



Piano Decorations



Kitty



Sandwich Table



Cupcakes



Salad Table



Jello Salads



Jeff and Genevieve



Daniel and Barbara



Valentina and Derek



Bruce and Del



Sheila, Art and Kathy



Leigh, Daniel, Barbara and Mike



Ardi



Carole



Vicky, Dina and Nat



Jo and Jimmy



Diane



JoAnne



Decorations



Sandy

The Recipe Box

Beet Salad with Goat Cheese

This is a delicious and easy salad which takes little time and is a great meatless main course. It uses beets, goat cheese, candied walnuts and baby greens. For a main dish salad, add chicken. Feel free to include more of your favorite vegetables too.

Prep time: 10 minutes **Cook:** 30 minutes **Total:** 40 minutes **Servings:** 6

Ingredients

4 medium beets - scrubbed, trimmed and cut in half
1/3 cup chopped walnuts
3 tablespoons maple syrup
1 (10 ounce) packaged mixed baby salad greens
1/2 cup frozen orange juice concentrate
1/4 cup balsamic vinegar
1/2 cup extra virgin olive oil
2 ounces goat cheese

Directions

Step 1: Place beets into a saucepan, and fill with enough water to cover. Bring to a boil, then cook for 20 to 30 minutes, until tender. Drain and cool, then cut into cubes.

Step 2: While the beets are cooking, place the walnuts in a skillet over medium-low heat. Heat until warm and starting to toast, then stir in the maple syrup. Cook and stir until evenly coated, then remove from the heat and set aside to cool.

Step 3: In a small bowl, whisk together the orange juice concentrate, balsamic vinegar and olive oil to make the dressing.

Step 4: Place a large helping of baby greens onto each of six salad plates, divide candied walnuts equally and sprinkle over the greens. Place equal amounts of beets over the greens, and top with dabs of goat cheese. Drizzle each plate with some of the dressing.

Recipe courtesy of : Sheila Wark



Barbara Stetta

Barbara Stetta passed away on May 6, 2024. She was one of the strongest, smartest and most amazing women I have ever known. Born in 1955 with Muscular Dystrophy and in a wheelchair all of her life, she never let it stop her from doing what she wanted to do.

She went to college and received an engineering degree and worked for many years. She was in an auto accident that further disabled her and years later she was dropped from a gurney at the hospital where she sustained multiple injuries and was unable to get out of bed after that - only able to move a couple fingers slightly.

She stayed mostly to herself with her husband, Rick, caring for her with the help of a part-time caregiver while he was at work. Barbara relied solely on her incredible memory to remember everything, helping her to solve most everything that came up in her life. Our deepest sympathies are with you, Rick.

-Written by Vicky Lawson



What is smHpa?

Sunnyvale Mobile Home Park Alliance

“Protecting Residents’ Investments & Rights”

We Mediate: We intervene for mobile home residents in a dispute to bring about a peaceful agreement or reconciliation. This can be between mobile park residents and the park management, as well as, between mobile home park owners and other businesses. We are NOT a legal organization.

We are a **source of information** about laws that affect Mobile Home Residents only. Such as the MRL (Mobile Home Residents Law). (Housing and Community Development Title 25) mobile home regulations and safety laws. MOU (Memorandum of Understanding) the agreement between the city of Sunnyvale and mobile home park owners.

We represent the Sunnyvale Mobile Home Communities **in the political arena**. Local and state levels.

So what have we been involved in:

1. Represented the Mobile Home Residents in the MOU negotiations
2. Represented District 6 in the “redistricting” process in 2019 to 2022, When Sunnyvale went from “at large” elections to “divided” representation by neighborhood.
3. Worked with BSM management, and UPS Management to quiet the UPS noise at night.
4. Work with GSMOL to change or write the MRL laws
5. Sponsored the largest debate between City Council candidate in 2018.

Next month (July) more detail on the about list.



Just for Grins

My grandson made the mistake of telling me I was being overdramatic so I just changed the WiFi password. We'll see who's overdramatic in about 5 minutes.



I found this timely because today I was in a shoe store that sells only shoes, nothing else. A young girl with a tattoo and green hair walked over to me and asked, "What brings you in today?" I looked at her and said, "I'm interested in buying a refrigerator."

She didn't quite know how to respond, had that deer-in-the-headlights look.

My boss calls me "the computer".
Nothing to do with intelligence, I go to sleep if left unattended for 15 minutes.



Impress her with something expensive



Just for Grins

The older you get,
the tougher it is to
lose weight –
because by then
your body and your
fat have gotten to
be really good
friends.

Devices used to find water



Employment
application blanks
always ask who is to
be called in case of
an emergency. I think
you should write,
"An ambulance."

Only the First Sunday of Each Month
Pick-up Sunday Between 6:30 pm and 7:00 pm

Treasure Seekers Permanent Pickup Schedule
A few tips to help you (and the Treasure Seekers Crew)

Be sure to place your recyclables in a
container (plastic, paper or reusable
container that we will return to you).

Place your containers at the end of your
driveway - Not in the street or
in the rain gutter.

Cape Cod Village
Residents Association



Treasure Seekers

**Put Your "Treasures" Out No Later than
6:00 PM on Sunday Evening.**