President's Message

November 2024

Happy Thanksgiving to everyone here at Cape Cod.

This is the time of year that we reflect on what we are thankful for.

On November 17 2024 we will be having our annual community Thanksgiving dinner. If anyone is interested in helping to cook the food ie: turkey, potatoes, ham etc. please let one of us on the Board know.

I would also like to remind us all that we are on standard time. So it's darker earlier. Please be careful diving, as there are still a lot of people who walk at night. Those of you who do walk, should also be cautious and wear reflective clothing.

I wish you all a very Happy Thanksgiving.

Kathy Love
650-793-0991

The 2024 CCVRA Board Members
(L to R) Kathy Love, Peggy Wegner, Bruce Edmundson, Diane Daley, Bill Hines, Priscilla Mattson, Elizabeth Morrison and Weizhi Sun

The Cape Cod Whaler is published monthly by MHB Group
for and distributed solely to residents of Cape Cod Village.

Cape Cod Village Residents Association
September 24, 2024 Association Meeting Minutes

CALL TO ORDER: The meeting was called to order on September 24, 2024 at 7:00 pm. There were 11 residents in attendance.

FLAG SALUTE: was led by **Nat Hanson.**

WELCOME NEW ATTENDEES: No new attendees.

APPROVAL OF MINUTES: A motion to approve the July 30, 2024 Association Meeting minutes was made by **Priscilla Mattson** and seconded by **Art Aguiniga**. Motion carried.

REPORTS

TREASURER'S REPORT

As of September 1, 2024, beginning balance was: $5,394.79
Total Income was: $1,049.49
Total Expenses were: $568.59
Ending balance as of September 24, 2024: $5,874.69.

Comments and questions were invited from the floor. The report will be filed subject to audit.

MEMBERSHIP REPORT

As of September 24, 2024, we have 112 members and 77 households.

CIRCLE OF CARE

Jo Asplund was not present to report. Please see Whaler for further details.

TREASURE SEEKERS REPORT

We collected $191.49 for the month of September. The next collection date will be October 6, 2024.

OLD BUSINESS

▸ **NO OLD BUSINESS**

NEW BUSINESS

▸ **FALL ELECTIONS**

If you are interested in becoming a member of the board for 2025, please let us know. Elections will be in November. At this point, we have the following people willing to stand for the board for 2025:

- President: **Peggy Wegner**
- Vice-President: **Kathy Love**
- Secretary: **Open**
- Treasurer: **Bruce Edmundson**
- Members at Large: **Diane Daley**, **Elizabeth Morrison**, **Weizhi Sun**

EVENTS

▸ **MONTHLY EVENTS**

- **Exercise Class - Monday, Wednesday and Friday morning at 10:00 am to noon**
  Sandy Bain and **Jon Lichtenberg** are the chairpersons.

(Continues on page 3)

(Continue from page 2)

- **Bible Study - Every 2nd and 4th Wednesdays from 1:30 to 2:30 pm in the craft room**
  Mary Knoppe is the chairperson.
- **Chinese Calligraphy - October 10 and 24, November 7 and 21 from 2:00 to 4:00 pm**
  Weizhi Sun is the chairperson.

▶ **SEPTEMBER EVENTS**

- **Movie Night - September 14, 2024. Doors opened at 6:30 pm, movie started at 7:00 pm sharp!**
  This month's movie was "*Hidden Figures*". Seven people attended.
- **Mid-Autumn Moon Festival - September 15, 2024. From 1:30 to 4:00 pm**
  Weizhi Sun and **Pong Yeung** were the chairpersons. There were dancers, singers and magic. The doors opened at 1:30 pm. The performance was from 2:00 to 4:00 pm. There was quite a turn out for this performance.
- **Bingo - September 26, 2024**
  Peggy Wegner and **Kitty Etter** will be the chairpersons. The cost will be $1.00 per card per game. Bingo will go from 7:00 to 9:00 pm.

▶ **OCTOBER EVENTS**

- **Movie Night - October 12, 2024.**
  Canceled due to the Anniversary Party on Sunday.
- **Cape Cod Anniversary Party - October 13, 2024. From 5:00 to 9:00 pm**
  Chairperson: Board. This will be a potluck. Doors open at 5:00 pm. The event will be from 5:30 to 9:00 pm. The sign-up sheet will be in the clubhouse. There will be a raffle with music from a playlist and dancing. Raffle tickets will be $1.00 for 1 and $5.00 for 7.
- **Bingo - October 24, 2024**
  Peggy Wegner and **Kitty Etter** will be the chairpersons. The cost will be $1.00 per card per game. Bingo will go from 7:00 to 9:00 pm.

▶ **NOVEMBER EVENTS**

- **Movie Night - November 9, 2024. Doors open at 6:30 pm, movie starts at 7:00 pm sharp!**
  This month's movie will be "*American Sniper*". There will be a suggestion box and donation box as usual.
- **Thanksgiving Community Dinner - November 17, 2024**
  Chairperson: Board. Cost will be $15.00 for members and $17.00 for non-members. More details to come. If you are interested in preparing one of the items for the dinner, please let us know.
- **Holiday Home Decorating Contest - November 28, 2024 - December 14, 2024**
  Categories: Best Use of Lights, Most Original, and Most Traditional. Winner of each category will receive $30.00.

(Continues on page 4)

Cape Cod Village Residents Association
September 24, 2024 Association Meeting Minutes

(Continue from page 3)

▶ **DECEMBER EVENTS**

- **Decorating Party - December 7, 2024.**
  This will be an opportunity to decorate the library and clubhouse. **Art Aguiniga** will be setting up the tree. Pizza and soda will be provided by the Association.
- **Holiday Party - December 15, 2024. From 5:30 to 9:00 pm**
  Chairperson: Board. Cost will be $5.00 per resident. Doors open at 5:00 pm. Event will be from 5:30 to 9:00 pm. More details to come.

Comments, questions and additional items are invited from the floor.

Thanks to **Diane Daley** for the treats.

The next Association meeting will be October 29, 2024 at 7:00 pm with a Meet and Greet at 6:45 pm.

There being no further business, a motion to adjourn was made by **Nat Hanson** and seconded by **Mary Knoppe**. Motion carried.

Meeting was adjourned at 7:30 pm.

Respectfully submitted,
Peggy Wegner
Secretary

CCVRA Contact Information

Name	Function	Number	eMail
Kathy Love	President/Events	1 (650) 793-0991	Kathylove07@comcast.net
Diane Daley	Membership	—	dddaley3@gmail.com
Bruce Edmundson	Treasurer / Flyers and Copying	1 (408) 307-6810	bruceedm@gmail.com
Jo Asplund	Circle of Care	1 (408) 205-1159	jvasplund@gmail.com
Vicky Lawson		1 (408) 230-2551	—
Kitty Etter	Whaler - Crew	1 (408) 744-0789	ketter63@yahoo.com
Priscilla Mattson		1 (408) 744-0789	prism2018@yahoo.com
Bill Hines	Treasure Seekers	1 (408) 571-9152	HinesBill013@gmail.com

Cape Cod Village Residents Association
Treasurer's Report - September 2024

09/01/2024 Balance Forward			**$ 5,394.79**
Income:			
Treasure Seekers	$ 191.49		
Event income	858.00		
Total Income		1,049.49	
Expenses:			
Office/copy/printing	$ (35.98)		
Bingo expenses	(19.99)		
Meet & Greet expenses	(6.09)		
Kitchen expenses	(28.76)		
Misc. expenses (shed key)	(4.35)		
Event expenses	(474.42)		
Total Expenses		(569.59)	
Monthly Net Income (Expense)			$ 479.90
09/30/24 Balance			**$ 5,874.69**

Event summary by item	**Expense**	**Income**	**Net Income**
08/25 Luau	(468.42)	846.00	377.58
09/14 Movie Night	(6.00)	12.00	6.00

Brandenburg, Staedler & Moore - Cape Cod Village, L.P. Brandenburg, Staedler & Moore and their respective partners, managers and employees, individually and collectively assume no responsibility for the content of this publication herein and shall be held harmless against any suit, demands or liability arising there from.

All activities arranged for members of Cape Cod Village Residents Association are for the convenience and pleasure of Association members and their guests who voluntarily desire to participate. CCVRA, its officers and members do not assume any responsibility for the well-being or safety of participants and their property in any manner pertaining to said activities. Members of the Association and their guests participate at their own risk and should not expect to hold Cape Cod Village Residents Association or any of its officers or members responsible in any way.

This month's feature

Movie Night
At The Cape Cod Village Clubhouse

Saturday, November 9, 2024
Doors Open 6:30 pm
Movie Starts at 7:00 pm [132 min]

Popcorn and Soda/Water will be served
Cost: Donation Box to help offset costs
Bring your own comfy chair and enjoy the show!
For more information call Bruce at 408-307-6810

Chris Kyle's (Bradley Cooper) mission is to protect his brothers in arms while being a prime target of insurgents. Despite the danger, as well as the toll on his family at home, Chris serves through four harrowing tours of duty in Iraq, personifying the spirit of the SEAL creed to "leave no one behind." But upon returning to his wife, Taya (Sienna Miller) and kids, Chris finds that it is the war he can't leave behind.

Produced and directed by Clint Eastwood. Rated R (mostly violence and language)

Please Help
Continue to support our Vets by donating 2025 calendars.
Calendars may be delivered to
Peggy Wegner, space 47 or to Diane Daley, space 160.
Thank you

Library or Clubhouse Donations

Please **DO NOT** leave items in the library or clubhouse. If you have items you wish to donate, please contact one of the following people:

Books for the library: Kathy Love at 1-650-793-0991

DVD's for DVD library: Joe Madison in #150

Puzzles for the puzzle table: Peggy Wegner at 1-650-303-4072

All other items, please speak to Management.

Walking Exercise Class

In the Cape Cod Village Clubhouse

Every Monday, Wednesday and Friday at 10:00 am

Call: Sandy Bain or Jon Lichtenberg for details: 408-685-2140

Cape Cod Bible Study

2nd Wednesday November 13, 2024
1:30 pm to 2:30 pm
2024 Lesson Psalms

Everyone is welcome!!!!!!
Give us a try!!!!!!!!! Questions?
Any questions contact
Mary Knoppe@ 408 541-1520
maryknoppe@sbcglogal.net.

Holiday Decorating Party
Saturday, December 7, 2024
10:00am at the Clubhouse

Come and join in the fun of decorating the Clubhouse for the holidays!

November 2024

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1 **Walking Exercise Class** 10:00 am	2
3 **Treasure Seekers** 6:30 pm Daylight Saving Time Ends	4 **Walking Exercise Class** 10:00 am	5 VOTE ELECTION DAY	6 **Walking Exercise Class** 10:00 am	7 **Chinese Calligraphy** 2 pm to 4 pm	8 **Walking Exercise Class** 10:00 am	9 **Movie Night** 6:30 pm MOVIE NIGHT
10	11 **Walking Exercise Class** 10:00 am VETERANS DAY HONORING ALL WHO SERVED	12	13 **Walking Exercise Class** 10:00 am **Bible Study** **1:30 to 2:30 pm**	14	15 **Walking Exercise Class** 10:00 am	16
17 **Thanksgiving Dinner** 4:30 pm	18 **Walking Exercise Class** 10:00 am	19 **CCVRA Board Meeting** 6:30 pm	20 **Walking Exercise Class** 10:00 am	21 **Chinese Calligraphy** 2 pm to 4 pm	22 **Walking Exercise Class** 10:00 am	23
24	25 **Walking Exercise Class** 10:00 am	26 **CCVRA Meet & Greet** 6:45 pm to 7 pm **CCVRA Meeting** 7 pm	27 **Walking Exercise Class** 10:00 am	28 Happy Thanksgiving	29 **Walking Exercise Class** 10:00 am	30

November 3	Treasure Seekers	6:30 pm to 7:00 pm
November 9	Movie Night	6:30 pm
November 17	Thanksgiving Dinner	4:30 pm
November 19	CCVRA Board Meeting	6:30 pm
November 26	CCVRA - General Meeting	7:00 pm

November Celebrations

Happy Birthday

1	Frank Aquino	16	Sandra Bain
1	Jose Aquino	19	Weizhi Sun
3	Daniel Gray	19	Jeannie Tasker
6	Adel Sherbaf	20	Scott Murphy
9	Nina Kramer	24	Nick Hipos
11	Alice Goodwin	26	Rick Stetta
12	Dave Semenero	29	Nigel Jones
15	Kumi Canastra		

Anniversary Congratulations

7	Jack Slocombe & Jeannie Tasker	1981
16	Laurie Willis & Lorraine Steele	2013
18	Denton & Alice Nelson	1967
21	Gary & Diane Poarch	1980
23	Nick & Frellie Hipos	1997
26	Jody & Dan Volk	1990

November Directory Updates

No Updates this Month

Please update your directory and take a moment to make sure your entries are correct. If not, please submit changes on the CAPE COD VILLAGE INFORMATION FORM printed in this Whaler and deposit in the CCVRA mailbox in the clubhouse.

CAPE COD VILLAGE INFORMATION FORM

Please **PRINT** all information

Date:_____ Space #_____

Name 1: First _____ Last_____

Phone (only 1 per person) _____ Birthday: (mm/dd) _____

Email _____

Name 2: First _____ Last_____

Phone (only 1 per person) _____ Birthday: (mm/dd) _____

Email _____

Anniversary: (mm/dd/yyyy) _____

Please fill out this form and place it in the CCVRA mailbox in the clubhouse.
***** **Updates and additions will ONLY be accepted on this form.** ******
*** *This information will be published in the Whaler, and used to update the CCV Phone Directory, (unless requested otherwise).* ***

********** **For Official Use Only** **********

Date Received: _____ Date Entered: _____ By: _____

Code: Anniv Birthday Delete Email Moved New Phone Spelling

Kathy Love is recuperating from a second shoulder surgery.

Art Aguiniga had been hospitalized for a serious medical condition and is now recovering at Sunnyvale Post Acute.

We also want to send our sympathies to Art Aguiniga and family for the loss of their niece, April Aguiniga Adams.

Mary Knoppe has suffered a fall and has had surgery to repair a broken knee cap. Mary has been transfered to Cedar Crest Rehabilitation Center for physical therapy.

Our thoughts amd prayers are with all of you at this very difficult time.

A reminder from Co Chair Jo Asplund and Vicky Lawson to all residents.

Please contact either of us to report any information about a friend or neighbor who may need get well wishes or condolences.

Please collect pertinent information concerning the individuals for correct spelling of their name and correct space number.

Questions directed to co chairs will be answered as quickly as possible.

Help us bring a small amount of comfort to those involved.

Thank you so much!

Jo Asplund 408 205-1159

Vicky Lawson 408-230-2551

Healthy regards to all residents from Cape Cod Residents Association

Cape Cod Village Holiday Party
Sunday, December 15, 2024
Doors open: 5:00 pm

Cape Cod Village Residents Association and Brandenburg, Staedler & Moore cordially invite all residents to attend our annual Holiday Party in the Clubhouse.

$5.00 per person

RSVP: by December 11, 2024

Hot and Cold hors d'oeuvres and non alcoholic drinks will be served.

Holiday Party
Sunday, December 15, 2024, Doors open: 5:00 pm
$5.00 per person

Member's Name(s):_____

Guest Name(s):_____

Space #_____ #Persons _____ Amount Enclosed: $_____

"Submit your reservation no later than December 11, 2024
"Reservations received after December 11, 2024 will NOT be accepted."

You can find these and other event photos on the CCVRA Website
https://www.danielsart.com/CCVRA/Welcome.html

(Continues on page 13)

(Continue from page 12)

(Continues on page 14)

(Continue from page 13)

Margaret Mead

Years ago, anthropologist Margaret Mead was asked by a student what she considered to be the first sign of civilization in a culture. The student expected Mead to talk about fishhooks or clay pots or grinding stones.

But no. Mead said that the first sign of civilization in an ancient culture was a femur (thighbone) that had been broken and then healed. Mead explained that in the animal kingdom, if you break your leg, you die. You cannot run from danger, get to the river for a drink or hunt for food. You are meat for prowling beasts. No animal survives a broken leg long enough for the bone to heal.

A broken femur that has healed is evidence that someone has taken time to stay with the one who fell, has bound up the wound, has carried the person to safety and has tended the person through recovery. Helping someone else through difficulty is where civilization starts, Mead said.

We are at our best when we serve others.

Credit: Ira Byock

The Recipe Box

Butternut Squash Soup

Costco Connection - October 2024

Instructions

Heat the oil in a large pot over medium heat. Add the onion, salt and several grinds of pepper and sauté until soft, about 5 to 8 minutes. Add the squash and cook until it begins to soften, stirring occasionally, for 8 to 10 minutes. Add the garlic, sage, rosemary and ginger. Stir and cook for 30 seconds to 1 minute, or until fragrant, and then add 3 cups vegetable broth. Bring to a boil. Cover and reduce heat to a simmer. Cook until the squash is tender, about 20 to 30 minutes.

Let cool slightly, and then pour the soup into a blender, working in batches if necessary, and blend until smooth. If your soup is too thick, add up to 1 cup more broth and blend. Season to taste and serve with parsley, pepitas and crusty bread. Makes 6 servings..

Ingredients

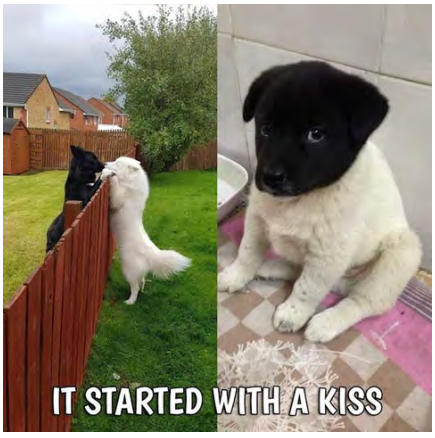
2 Tbsp extra-virgin olive oil
1 large yellow onion, chopped
1/2 tsp sea salt
A dab of freshly ground black pepper
3 lb cubed butternut squash
3 garlic cloves, chopped
1 Tbsp sage, chopped
1/2 Tbsp rosemary, minced
1 tsp ginger, grated
3 to 4 cups vegetable broth
Chopped parsley, for serving
Toasted pepitas, for serving
Crusty bread, for serving

Recipe and photo courtesy of Jeanine Donofrio (loveandlemons.com)

Funnies

So a friend of mine works at a car dealership, a young person came in with an older car and wanted to know why his iPhone charging port is scratching his screen and not charging!

Sometimes you have to do it yourself if you want it done

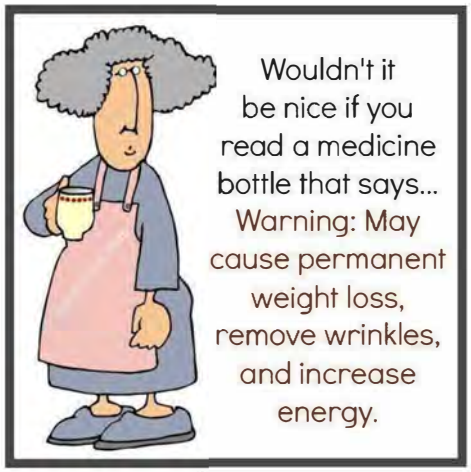


I Thought The Dryer Made My Clothes Shrink.
Turns Out It Was The Refrigerator.

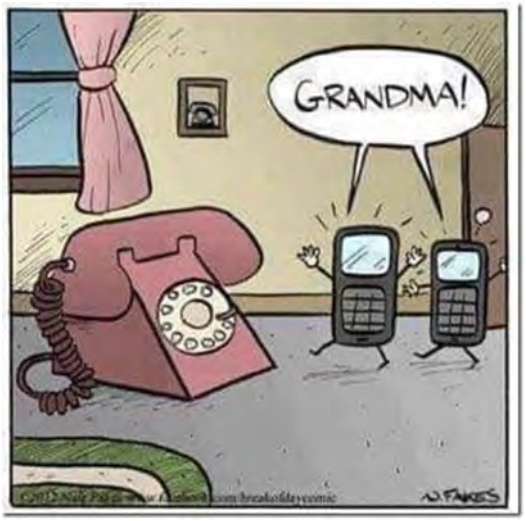
Two little boys were at a wedding when one leaned over to the other and asked, "How many wives can a man have?" His friend answered, "Sixteen... four better, four worse, four richer, and four poorer."

(Continues on page 17)

(Continue from page 16)



People say 60 is the new 40. The cop who just pulled me over didn't agree.



Them: What inspires you to get out of bed every morning?

Me: My bladder mostly.

Wait...What? Why?

1. Is it good if a vacuum really sucks?
2. Why is the third hand on a watch called the second hand?
3. If a word is misspelled in the dictionary, how would we ever know?
4. If Webster wrote the first dictionary, where did he find the words?
5. Why do we say something is out of whack? What is a whack?
6. Why does "slow down" and "slow up" mean the same thing?
7. Why does "fat chance" and "slim chance" mean the same thing?
8. Why do "tug" boats push their barges?
9. Why do we sing "Take me out to the ball game" when we are already there?
10. Why are they called "stands" when they are made for sitting?
11. Why is it called "after dark" when it is really "after light"?
12. Doesn't "expecting the unexpected" make the unexpected expected?
13. Why are a "wise man" and a "wise guy" opposites?
14. Why do "overlook" and "oversee" mean opposite things?
15. Why is "phonics" not spelled the way it sounds?
16. If work is so terrific, why do they have to pay you to do it?
17. If all the world is a stage, where is the audience sitting?
18. If love is blind, why is lingerie so popular?
19. If you are cross-eyed and have dyslexia, can you read all right
20. Why is bra singular and panties plural?
21. Why do you press harder on the buttons of a remote control when you know the batteries are dead?
22. Why do we put suits in garment bags and garments in a suitcase?
23. How come abbreviated is such a long word?
24. Why do we wash bath towels? Aren't we clean when we use them?
25. Why doesn't glue stick to the inside of the bottle?
26. Why do they call it a TV set when you only have one?
27. Christmas - What other time of year do you sit in front of a dead tree and eat candy out of your socks?

James Joseph “Gene” Tunney

James Joseph “Gene” Tunney wasn’t just another name in the boxing world; he was a legend who broke the mold. Despite lacking natural talent, Tunney’s brilliance in the ring came from his meticulous study of opponents and his “scientific” approach to boxing. Out of nearly 70 career bouts, he only tasted defeat once.

But here’s where it gets fascinating: Tunney was no ordinary boxer. He devoured Shakespeare and poetry, delivering lectures on the Bard at Yale University post-retirement. His intellectual prowess set him apart in a sport often seen as raw and brutal.

Born on May 25, 1898, in New York City to an Irish immigrant longshoreman, Tunney’s journey was anything but smooth. At 15, he worked with the Ocean Steamship Company and later became a rate clerk. A graduate of La Salle Academy, Tunney’s passion for boxing began at the Village Athletic Club, sparring with professionals.

World War I saw him rejected and then accepted into the U.S. Marine Corps, where he fought and won the light heavyweight championship of the American Expeditionary Force. Post-war, his professional career skyrocketed.

Despite a hand injury in 1921, he amassed 24 consecutive wins and eventually clinched the American light heavyweight title by defeating Battling Levinsky.

Tunney’s only career loss came in 1922 against Harry Greb, but he rebounded, reclaiming the title in a thrilling rematch. His victory over French champion Georges Carpentier in 1924 was another highlight, with Tunney knocking Carpentier down four times in one round.

By 1925, Tunney had transitioned to the heavyweight division, defeating major contenders and securing a legendary bout against Jack Dempsey in 1926.

Tunney’s triumph in front of a record 120,000 spectators earned him the heavyweight champion title. Their rematch in 1927, famous for the “long count” controversy, solidified Tunney’s legacy as he retained his title.

Realizing the dangers of boxing, especially after suffering partial amnesia, Tunney retired undefeated in 1928 after defeating Tom Heeney.

He transitioned seamlessly into business, serving on several corporate boards and contributing to youth organizations.

Tunney’s personal life saw him marry into the Carnegie fortune and raise four children, one of whom became a U.S. Senator. During WWII, he directed the U.S. Navy’s physical fitness program, continuing his advocacy for health and fitness.

Gene Tunney passed away on November 7, 1978, leaving behind a legacy that transcends boxing a tale of intelligence, strategy, and breaking stereotypes.

Only
the First Sunday
of each month.

Pick-up Sunday Between 6:30 pm and 7:00 pm

Treasure Seekers **Permanent** Pickup Schedule

A few tips to help you (and the Treasure Seekers Crew)

Be sure to place your recyclables in a container (plastic, paper or reusable container that we will return to you).

Place your containers at the end of your driveway - Not in the street or in the rain gutter.

Put Your "Treasures" Out No Later than
6:00 PM on Sunday Evening.

Editorial Deadline

- *5th of each month*

Submissions

- Send submissions to: dms@danielsart.com
- Will be edited for content and space.
- No discussion of politics or religion shall be printed.
- No commercial advertising other than paid display advertising arranged with the publisher shall be included.
- Unable to accept copyrighted material.
- The publication is not to be used for residential/management disputes by either residents or management.

Copies of past issues of the Whaler can be found on the CCVRA website at:
https://www.danielsart.com/CCVRA/Welcome.html