

President's Message

November 2026

Can you believe this year is almost over? We have had a busy year.

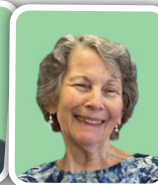
I would like to thank all who have turned in their information for the directory. The sooner we have the information, the sooner we can publish the 2027 directory.

The month of November will be quiet. We will have Bingo on November 4th from 7 to 9 pm. Movie Night on November 14th will be "Casablanca" with **Humphrey Bogart** and **Ingrid Bergman**. On November 18th, the Association will present an informational meeting on "The Quirks of Your Lease". **Wendy Howard** will speak on various issues which you might not have known that are in your lease. For example, did you know that if your spouse or significant other passed away and you are not on the title of your home, that you would need to move out within five (5) days? Or if you are listed as an additional occupant and the tenant went away, you can not be in the home? These and other questions will be answered by **Wendy Howard**. This meeting will start at 6:30 pm Come with questions!

At the November Association meeting, we will be voting in the 2027 Board. At this time, the Board will consist of **Peggy Wegner**, President; **Bruce Edmundson**, Treasurer; **Kitty Etter**, Secretary; and **Elizabeth Morrison**; **Eric Hopp**; **Mary Knoppe**; and **Weizhi Sun** as Members at Large. **Bill Hines** has decided to retire from the Board. We would like to thank him for his help on the Board the last few years. If you are interested in becoming a Board member, please contact **Peggy Wegner** or **Kitty Etter**. We are always looking for residents to help on the Board. This is an important Association meeting, so please try to attend. The meeting will be on November 24th at 7 pm.

We will be having lots of activities in December. Our last bingo of the year will be December 2nd. After the monthly Birthday Cake on December 5th, we will be decorating the Clubhouse. There will be lots to do and I hope many of you will want to work off all that cake! The Annual Holiday Party with **Michael Hendrix** as DJ will be December 12th. The Holiday Joy Star Valley Choir Concert will be December 17th. And we will end the year with a BYO Beverages and Snacks to share New Year's Eve Party. Lots to look forward to!

Peggy Wegner
pawegner12@gmail.com



The 2026 CCVRA Board Members

(L to R) Peggy Wegner, Kitty Etter, Bruce Edmundson, Bill Hines, Eric Hopp, Mary Knoppe, Elizabeth Morrison, Weizhi Sun.

The Cape Cod Whaler is published monthly by MHB Group
for and distributed solely to residents of Cape Cod Village.

Cape Cod Village Residents Association

September 22, 2026 Association Meeting Minutes



Call to Order: The meeting was called to order on September 22, 2026 at 7:00p.m. There were 10 residents in attendance.

Flag Salute was led by **Joe Madison**.

Welcome New Attendees: There were no new residents.

Approval of Minutes: A motion to approve the July 28, 2026 Association Meeting minutes was made by **Diane Daley** and seconded by **Mary Knoppe**. Motion carried.

A motion to approve the August 25, 2026 Association Meeting minutes was made by **Diane Daley** and seconded by **Joe Madison**. Motion carried.

REPORTS

Treasurer's Report:

As of September 1, 2026 beginning balance was: \$3,211.50

Total Income was: \$174.10

Total Expenses were: \$84.93

Ending balance as of September 22, 2026 is: \$3,300.67

Comments and questions were invited from the floor. The report will be filed subject to audit.

Circle of Care: Jo Asplund was not present to report. Please see the Whaler for further details.

Treasure Seeker's Report: We collected \$160.05 for the month of September. The next collection date will be October 4, 2026.

Membership Report: As of September 22, we have 113 members from 75 households.

OLD BUSINESS

Printer: **Bruce Edmundson** said the new Epson printer is twice as fast as the old one, has much better paper handling, and there are no cartridges, making it easier to add ink.

2027 Directory: The forms will go out this week. Please remember to add your space number to the form.

NEW BUSINESS

Halloween Party: The flyers will go out the week of October 1, 2026. There will be prizes for the best costumes. The food will be pizza, salad, jello, fruit and dessert. Music by **Rainer Hoffmann**. There will be Raffle prizes.

Board Members for 2027: We have vacancies. Please contact **Peggy Wegner** or **Kitty Etter** if you would like to join the Board. Remember we have to have a Board for any activities.

EVENTS

► **Monthly Events**

- **Exercise Class:** Monday, Wednesday and Friday mornings from 10:00 a.m. to 11:00 a.m.
Chairpersons: Sandy Bain and Jon Lichtenberg.

(Continues on page 3)

Cape Cod Village Residents Association

September 22, 2026 Association Meeting Minutes



(Continue from page 2)

- **Bible Study:** 2nd and 4th Wednesday from 1:30 p.m. to 2:30 p.m.
Chairperson: Mary Knoppe.
- **Birthday Cake:** First Saturday of the month from 10:00 a.m. to 11:30 a.m. in the Craft Room. Chairpersons: Weizhi Sun and Pong Yeung.
- **Zumba:** Tuesday at 10:00 a.m. and Friday at 11:15 a.m.
Chairperson: Laurie Willis.
- **Chinese Calligraphy:** Various Thursdays, from 2:00 p.m. to 4:00 p.m.
Chairperson: Weizhi Sun.

► September Events

- **Bingo:** September 8, 2026, 7:00 p.m.
Chairpersons: Peggy Wegner and Kitty Etter. It was on a Tuesday night. 8 people attended. Eric Hopp won 4 out of 10 games.
- **Movie Night:** September 12, 2026, 6:30 p.m.
Chairpersons: Bruce Edmondson and Elizabeth Morrison. The movie started at 7:00 p.m. The movie was "To Kill a Mockingbird" starring Gregory Peck. Drinks and popcorn were provided. Donation and suggestion boxes were out. 7 people attended, including some new people.
- **Chinese Mid-Autumn Karaoke:** September 25, 2026, 7:00 p.m. to 9:00 p.m.
Chairpersons: Weizhi Sun and Pong Yeung. Please turn in your form to space # 93 by Thursday night.

► October Events

- **Movie Night:** October 10, 2026, 6:30 p.m.
Chairpersons: Bruce Edmondson and Elizabeth Morrison. The movie will start at 7:00 p.m. The movie will be "9 to 5" starring Dolly Parton, Lily Tomlin and Jane Fonda. Drinks and popcorn will be provided. Donation and suggestion boxes will be out.
- **Halloween Party:** October 31, 2026, 5:30 p.m. to 9:30 p.m.
Chairpersons: Mary Knoppe, Lai-King Mau and Kathy Love.

Comments, questions and additional items are invited from the floor. **Joe Madison** asked if the maintenance crew will be putting up Holiday lights this year? **Peggy Wegner** said she will ask **Wendy Howard**. **Joe Madison** also said he really liked the layout of the Anniversary Party pictures in the October Whaler.

The next Association meeting will be October 27, 2026 at 7:00 p.m. with Meet and Greet at 6:45 p.m.

There being no further business, a motion to adjourn was made by **Joe Madison** and seconded by **Mary Knoppe**. Motion carried.

The meeting adjourned at 7:22 p.m.

Respectfully submitted,
Kitty Etter
Secretary

Cape Cod Village Residents Association

Treasurer's Report - September 2026

09/01/2026 Balance Forward **\$ 3,211.50**

Income:

Misc / interest income	0.10	
Event income	14.00	
Treasure Seekers	160.05	
Total Income		<u>174.15</u>

Expenses:

Clubhouse	\$ -	
Kitchen expenses	0.00	
Office/copy/printing	(74.60)	
Treasure Seekers expenses	0.00	
Event expenses	(10.33)	
Total Expenses		<u>(84.93)</u>

Monthly Net Income (Expense) **\$89.22**

Balance as of 09/30/26 **\$ 3,300.72**

Event summary by item (this month)	Expense	Income	Net Income
09/12/26 Movie Night	(10.33)	14.00	3.67

Brandenburg, Staedler & Moore - Cape Cod Village, L.P. Brandenburg, Staedler & Moore and their respective partners, managers and employees, individually and collectively assume no responsibility for the content of this publication herein and shall be held harmless against any suit, demands or liability arising there from.

All activities arranged for members of Cape Cod Village Residents Association are for the convenience and pleasure of Association members and their guests who voluntarily desire to participate. CCVRA, its officers and members do not assume any responsibility for the well-being or safety of participants and their property in any manner pertaining to said activities. Members of the Association and their guests participate at their own risk and should not expect to hold Cape Cod Village Residents Association or any of its officers or members responsible in any way.



Movie Night At The Cape Cod Village Clubhouse

Casablanca (1942)

Saturday, November 14, 2026

Doors Open 6:30 p.m.

Movie Starts at 7:00 p.m.

Popcorn and Soda/Water will be served

Cost: Donation Box to help offset costs

Bring your own comfy chair and enjoy the show!

For more information call Bruce at 408-307-6810

A cynical expatriate American cafe owner struggles to decide whether or not to help his former lover and her fugitive husband escape the Nazis in French Morocco.

Number 3 in the top 100 American movies of the 20th century. Starring Humphrey Bogart & Ingrid Bergman.

You Got This

ZUMBA[®] gold[®]

**THIS SPACE IS
JUDGMENT-FREE
AND
JOY-FULL**

Get a great workout!
Zumba Gold[®] with Laurie
Tuesdays at 9:45 a.m.
Fridays at 11:15 a.m.
Cape Cod Clubhouse

Walking Exercise Class

In the Cape Cod Village Clubhouse

Every Monday, Wednesday and
Friday at 10:00 a.m.

Call: Sandy Bain or Jon Lichtenberg for
details: 408-685-2140



Chinese Calligraphy Writing 中国书法初学

November 12

2:00 p.m. to 4:00 p.m.

At the Clubhouse in the craft room.

For more information contact
Weizhi Sun (408) 577-7165



Cape Cod Bible Study

2nd and 4th Wednesday

1:30 p.m. to 2:30 p.m.

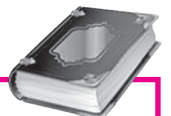
Everyone is welcome!!!!!!

Give us a try!!!!!!!!!! Questions?

Any questions contact

Mary Knoppe@ 1-669-215-3759

bethknoppe@att.net.



Quirks of Your Lease

November 18, 2026

6:30 P.M.

At the Clubhouse



Wendy Howard will speak on various issues which you might not have known that are in your lease.

- Are you on the title/deed of your home?
- Do you know the procedure if your spouse or significant other passes away?
- Are you the tenant or the Additional Occupant?
- Do you know what an Additional Occupant (AO) is?
- Did you know if the tenant is away and you are the AO, that you need to vacate the home immediately and can only return when the tenant returns?
- Did you know the AO can not complete an Event Form?
- If only the tenant is on the title/deed, and they pass away, did you know you only have 5 days to vacate the house?

Come with your Questions!!

SAVE THE DATE

Holiday Decorating Party

Saturday, December 5, 2026

11:00am at the Clubhouse

*Come join the fun in decorating
the Clubhouse for the holidays!*

Drinks will be provided.



Sing-a-Long

*Come join your friends and
neighbors in celebrating the
holidays with music and singing.*

*December 9th • 1:30 pm
Clubhouse*

Refreshments will be served.



Welcome to CCVRA 2026

Holiday Joy Concert

星谷合唱中心 节日的祝福 演唱会

Performed by Star Valley Choral Center



Thursday, December 17, 2026

11:30 am - 1:00 pm

Doors Open 11:00 am

演出时间：12月17日，星期四

中午：11点半 - 1点

11点 免费入场

Cape Cod Village Holiday Party

Saturday, December 12, 2026

Doors open: 5:00 pm



Cape Cod Village Residents Association and Brandenburg, Staedler & Moore cordially invite all residents to attend our annual Holiday Party in the Clubhouse.

Music by Michael Hendrix.

\$7.00 per person

RSVP: by December 8, 2026

Hot and Cold hors d'oeuvres and non alcoholic drinks will be served at 5:30 p.m.

***Cape Cod Village Holiday Party**
Saturday, December 12, 2026, Doors open: 5:00 pm
\$7 per person*

Resident Name(s) _____

Guest Name(s) _____

Space # _____ # of Persons _____ Amount Enclosed \$ _____

Please make check payable to CCVRA and return this slip to the CCVRA box, in the Clubhouse.

*Submit your reservation no later than **December 8, 2026***

*Reservations received **after** December 8, 2026 will **NOT** be accepted.*



November 2026

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1  Treasure Seekers 6:00 pm 	2  Walking Exercise Class 10:00 am	3 Zumba 9:45 am  	4  Walking Exercise Class 10:00 am Bingo 7 pm to 9 pm 	5	6  Walking Exercise Class 10:00 am Zumba 11:15 am 	7 Birthday Cake 10:00 am 
8	9  Walking Exercise Class 10:00 am	10 Zumba 9:45 am 	11  Walking Exercise Class 10:00 am Bible Study 1:30 to 2:30 pm  	12 Chinese Calligraphy 2:00 to 4:00 pm 	13  Walking Exercise Class 10:00 am Zumba 11:15 am 	14  Movie Night 6:30 pm
15	16  Walking Exercise Class 10:00 am	17 Zumba 9:45 am  CCVRA Board Meeting 6:30 pm	18  Walking Exercise Class 10:00 am Informational Meeting 6:30 pm	19	20  Walking Exercise Class 10:00 am Zumba 11:15 am 	21
22	23  Walking Exercise Class 10:00 am	24 Zumba 9:45 am  CCVRA Meeting 7 pm	25  Walking Exercise Class 10:00 am Bible Study 1:30 to 2:30 pm 	26 	27  Walking Exercise Class 10:00 am Zumba 11:15 am 	28
29	30  Walking Exercise Class 10:00 am					

November 1	Treasure Seekers	6:00 pm
November 4	Bingo	7:00 pm to 9:00 pm
November 7	Birthday Cake	10:00 am
November 14	Movie Night	6:30 pm
November 17	CCVRA Board Meeting	6:30 pm
November 18	Informational Meeting	6:30 pm
November 24	CCVRA - General Meeting	7:00 pm



November Celebrations



Happy Birthday

1 Frank Aquino	19 Weizhi Sun
1 Jose Aquino	19 Jeannie Tasker
3 Daniel Gray	20 Scott Murphy
9 Nina Kramer	21 Alice Catura
11 Alice Goodwin	24 Nick Hipos
12 Dave Semenero	26 Rick Stetta
15 Kumi Canastra	29 Nigel Jones
16 Sandra Bain	

Anniversary Congratulations

7 Jack Slocombe & Jeannie Tasker	1981
16 Laurie Willis & Lorraine Steele	2013
21 Gary & Diane Poarch	1980
23 Nick & Frellie Hipos	1997
26 Dan & Jody Volk	1990

November Directory Updates

Grace Yan Spc 69 Pages 4 and 20 1-408-799-6399 pingyan1566@gmail.com Change Name to Grace

Please update your directory and take a moment to make sure your entries are correct. If not, please submit changes on the CAPE COD VILLAGE INFORMATION FORM printed in this Whaler and deposit in the CCVRA mailbox in the clubhouse.

CAPE COD VILLAGE RESIDENTS ASSOCIATION INFORMATION FORM

Please **PRINT** all information

Date: _____ Space # _____

Name 1: First _____ Last _____

Phone (only 1 per person) _____ Birthday: (mm/dd) _____

Email _____

Name 2: First _____ Last _____

Phone (only 1 per person) _____ Birthday: (mm/dd) _____

Email _____

Anniversary: (mm/dd/yyyy) _____

Please fill out this form and place it in the CCVRA mailbox in the clubhouse.
******* Updates and additions will ONLY be accepted on this form. *******
**** This information will be published in the Whaler, and used to update the CCVRA Phone Directory, (unless requested otherwise). ****

***** For Official Use Only *****

Date Received _____ Date Entered: _____ By _____

Code: Anniv Birthday Delete Email Moved New Phone Spelling



*A reminder from Co Chair Jo Asplund and Vicky Lawson to all residents.
Please contact either of us to report any information about a friend or neighbor
who may need get well wishes or condolences.*

*Please collect pertinent information concerning the individuals for correct spelling
of their name and correct space number.*

Questions directed to co chairs will be answered as quickly as possible.

Help us bring a small amount of comfort to those involved.

Thank you so much!

Jo Asplund 408 205-1159

Vicky Lawson 408-230-2551

Healthy regards to all residents from Cape Cod Village Residents Association

CCVRA Contact Information

Name	Function	Number	eMail
Peggy Wegner	President/Events	1 (650) 303-4072	pawegner@gmail.com
Bruce Edmundson	Treasurer / Flyers and Copying	1 (408) 307-6810	bruceedm@gmail.com
Jo Asplund	Circle of Care	1 (408) 205-1159	jvasplund@gmail.com
Vicky Lawson		1 (408) 230-2551	—
Kitty Etter	Whaler	1 (408) 744-0789	ketter63@yahoo.com
Elizabeth Morrison	Library	1 (650) 678-8069	elizabethmorrison123@gmail.com
Eric Hopp	Medical Equipment	1 (408) 593-4439	—

The Recipe Box

Potato Chip Chicken

Costco Connection - September 2026

Instructions

Preheat the oven to 375°F. Lightly spray a 12-inch oven-safe skillet or 9-by-13-inch casserole dish with cooking spray. Set aside. Poke holes in the chicken with a fork.

In a medium bowl, combine the sour cream, dried parsley, paprika, pepper, garlic powder, onion powder and salt. Layer half the potato chips in the skillet. Evenly spread half of the sour cream mixture over the chicken. Transfer chicken to the skillet, sour cream side down. Evenly spread the remaining sour cream on the chicken. Sprinkle with remaining potato chips. Drizzle with the butter.

Bake for 25 to 30 minutes, or until the internal temperature of the chicken reaches 165°F. Remove from the oven and let rest for a few minutes before serving. Makes 4 servings.

Ingredients

- 1-1/2 lbs chicken breasts, thinly sliced lengthwise
- 1 cup sour cream
- 1 tsp dried parsley
- 1/2 tsp smoked paprika
- 1/2 tsp black pepper
- 1/2 tsp garlic powder
- 1/2 tsp onion powder
- 1/4 tsp salt
- 1 cup potato chips, roughly crushed and divided
- 1/2 cup butter, melted



The Recipe Box

The Best Lobster Tails Recipe

Costco Connection - February 2023

Instructions

Place butter in a small saucepan over low heat. Once it's mostly melted, add garlic, parsley, dill, Old Bay seasoning and lemon juice. Cook 1 to 2 minutes, stirring frequently.

Season the lobster tails with salt and pepper.

Place a skillet over high heat. Brush each lobster tail with the flavored butter. Place the lobster tails, meat side down, in the skillet; cook for 1 to 2 minutes. Flip the lobster tails over and baste them with the butter continuously. Cook for another 2 minutes. Flip them once more and cook for another minute or until the internal temperature reads 135°F to 140°F. Makes 4 servings.

Ingredients

- 1/3 cup butter
- 2 garlic cloves, minced
- 2 Tbsp fresh parsley, chopped
- 1 Tbsp fresh dill, chopped
- 1/4 tsp Old Bay seasoning
- Juice of 1 lemon
- 4 lobster tails, cut in half lengthwise
- Salt and pepper, to taste



Recipe and photo courtesy Ana Marti (anitasdelights.com)

Exploring the Arrival of Domestic Cats in the Americas

Martin H. Welker, John R. Bratten and Eric Guiry
20 May 2025
Last update: 20/05/25 10:16

Plenty has been written about the dog. Slobbery, goofy, embarrassingly friendly, with... well, everyone. Dogs are prominently featured in historic accounts and paintings, loaded down with ingratiating platitudes like "man's best friend". Meanwhile, cats are demonized for their effects on small prey species, their centuries-long efforts at keeping the rats and mice at bay historically underappreciated... Okay, maybe the cat wrote that bit, but it does highlight an important question: What about cats?



Image credit: M. Welker

Nowadays, nearly one-in-three of households in the United States have at least one cat, but cats are descended from a small wildcat species native to the Middle East and Africa that, following their domestication, spread to Eurasia and the rest of the world. Despite their recent global spread, there has been little written in historic accounts that shows us how they got from place to place. New research, published open access in *American Antiquity*, pulls together historical accounts and archaeological evidence to shed light on part of this journey – the 'when' and 'how' of cats' arrival in the Americas.

Part of the reason for cats' slender presence in the history books likely reflects their independence. Dogs perform many, highly specialized roles in human society like protecting and herding livestock, traction, acting as sentries, and finding, driving, and fetching prey for hunters. Cats, well, cats don't. They're as likely to ignore you as respond. Until recently, most cats were grey tabbies that spent their days hunting small animals, something they were well adapted to from the start. And it's this natural prey drive combined with the human tendency to attract mice and rats to food stores and kitchen waste that probably encouraged cats to hang around in the first place.

One of the places this partnership can be historically studied is on ships. This is because throughout maritime history cats were likely aboard most ships, including ships crossing the Atlantic from Europe like Columbus's voyages. Sailors have recognized cats' usefulness and have partnered up with cats to control pests for centuries. Indeed, maritime law in the 15th-century excused ships captains for damage to cargos from rats or mice if they kept cats on board.

This new study, combining historical research with physical and chemical analyses of bones from shipwrecks, reveals cats were in the Caribbean by the early 1500s and made it to the mainland soon thereafter. Key insights from archaeological bones show that cats recovered from the Emanuel Point 2 shipwreck, which was lost in an epic storm in the year 1559, are the earliest known examples in North America. But soon thereafter, historical records tell us that cats showed up in the English and French colonies as well.

This study also suggests that the relationship between sailors and the ship's cats was more than just one of underappreciated pest control. Though these cats likely hunted rats and mice as they had for centuries, chemical signatures from a shipboard cat on the Emanuel Point 2 shipwreck suggest they may also have been cared for and fed scraps by their human companions. Dogs may be called "man's best friend", but cats have quietly hitched a ride around the world, ingratiating themselves to those on board. Who domesticated who again?

Funnies 🤔



She wanted to have dinner somewhere really expensive



"Gas prices have really gone up, huh?"



Getting gas this morning, I noticed the person before me on pump 3 bought \$10.00 worth. Where the hell were they going? To pump 4?

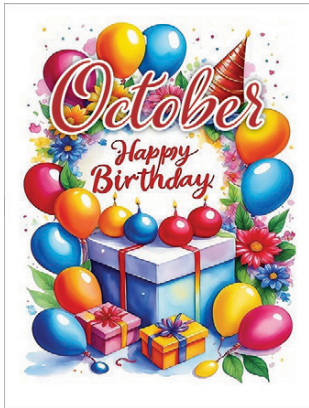


Why must I prove that I am me to pay my bills over the phone? Do strangers call to pay my Bills? And if they do, why don't you let them?

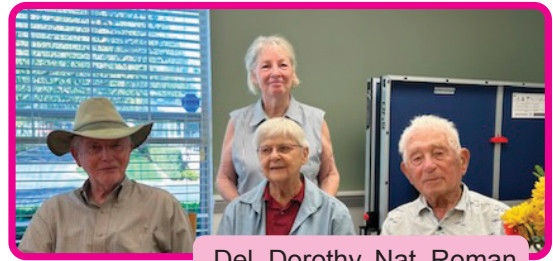


Note to Self:
Do not sit on the floor without a plan on how to get back up.

The city should hire the guy that salts the fries at McDonald's to do the roads.



Birthday Cake



Del, Dorothy, Nat, Roman

Valentina, Weihzi, Vicky, Dorothy, Linda, Stella, Barb, Carole, Elizabeth, Jon, Sandy, Mary, Del, Nat, Roman, Roman's great granddaughter



Vicky, Dorothy, Pong, Linda, Stella, Barb, Carole, Jo, Elizabeth, Jon, Sandy, Mary



Weihzi, Daniel, Valentina

You can find these and other event photos on the CCVRA Website
<https://www.danielsart.com/CCVRA/Welcome.html>

Mail Tubes

A reminder for residents to clean out their mail tubes on a regular basis. It is very difficult to put new material into the tubes for the office and CCVRA.



Only
the First Sunday
of each month.



Must Place Your “Treasures” Out By
6:00 PM
on Sunday Evening.

A few tips to help you
(and the Treasure Seekers Crew).

Be sure to **rinse** and **dry** out your bottles
and cans before you crush them.

Be sure to check for
the **CA CRV** code.

WE DO NOT ACCEPT THE FOLLOWING:



Could use a few more volunteers in helping to collect,
sort and deliver the treasures.

Please contact Bruce at
1 (408) 307-6810 or bruceedm@gmail.com.

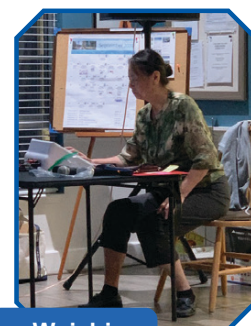
Chinese Mid-Autumn 中秋之夜 卡拉ok KARAOKE NIGHT



Amy, Weizhi, Lisa, Lana



Lai-King, Valentina



Weizhi



Lai-King



Lisa



Joe



Sam, Pong

The Kailasa Temple

The World's Largest Monolithic Rock-cut Structure

The Kailasa Temple is located at the Ellora Caves in Chhatrapati Sambhajnagar district (formerly Aurangabad), Maharashtra, India. Designated as a UNESCO World Heritage Site in 1983, it stands as one of the most remarkable feats of ancient architecture and engineering.

The Kailasa temple lacks a dedicatory inscription, but there is no doubt that it was commissioned by a Rashtrakuta ruler.[7] Its construction is generally attributed to the Rashtrakuta king Krishna I (r. 756–773 CE), based on two epigraphs that link the temple to "Krishnaraja" (IAST Kṛṣṇarāja):[7][8]

